






















Oakland - Middle Harbor, CA - Jul 2000

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat			1:21	5.3	6:16	-1.5	5:57	2.5	5:51	8:35	
2	Sun	12:01	7.6	2:11	5.5	7:04	-1.6	6:52	2.6	5:51	8:35	
3	Mon	12:52	7.5	3:00	5.6	7:53	-1.6	7:49	2.5	5:52	8:35	
4	Tue	1:45	7.2	3:48	5.8	8:42	-1.3	8:51	2.4	5:52	8:34	
5	Wed	2:40	6.7	4:37	5.9	9:31	-0.9	9:59	2.3	5:53	8:34	
6	Thu	3:38	6.0	5:26	6.0	10:22	-0.4	11:13	2.1	5:53	8:34	
7	Fri	4:43	5.3	6:15	6.1	11:14	0.2			5:54	8:34	
8	Sat	5:59	4.7	7:04	6.2	12:29	1.8	12:09	0.8	5:55	8:33	
9	Sun	7:25	4.3	7:51	6.4	1:40	1.4	1:05	1.4	5:55	8:33	
10	Mon	8:53	4.2	8:35	6.5	2:44	0.9	2:02	1.9	5:56	8:33	
11	Tue	10:09	4.4	9:17	6.5	3:38	0.5	2:57	2.3	5:57	8:32	
12	Wed	11:11	4.6	9:56	6.6	4:25	0.2	3:48	2.6	5:57	8:32	
13	Thu			12:02	4.8	5:06	-0.1	4:35	2.8	5:58	8:31	
14	Fri			12:45	4.9	5:43	-0.2	5:18	2.9	5:59	8:31	
15	Sat			1:23	5.0	6:18	-0.3	5:58	2.9	5:59	8:30	
16	Sun			1:58	5.1	6:51	-0.4	6:35	2.9	6:00	8:30	
17	Mon	12:21	6.5	2:30	5.1	7:23	-0.4	7:12	2.9	6:01	8:29	
18	Tue	12:57	6.3	3:01	5.2	7:55	-0.4	7:51	2.8	6:02	8:29	
19	Wed	1:34	6.1	3:32	5.2	8:27	-0.3	8:32	2.8	6:02	8:28	
20	Thu	2:13	5.8	4:05	5.3	9:01	-0.1	9:18	2.6	6:03	8:27	
21	Fri	2:56	5.5	4:40	5.5	9:37	0.2	10:13	2.5	6:04	8:27	
22	Sat	3:46	5.0	5:17	5.7	10:17	0.6	11:15	2.2	6:05	8:26	
23	Sun	4:49	4.6	5:58	5.9	11:02	1.1			6:05	8:25	
24	Mon	6:10	4.2	6:42	6.2	12:24	1.8	11:53 AM	1.6	6:06	8:24	
25	Tue	7:45	4.1	7:30	6.5	1:31	1.2	12:52	2.0	6:07	8:24	
26	Wed	9:14	4.3	8:20	6.8	2:33	0.6	1:55	2.4	6:08	8:23	
27	Thu	10:26	4.7	9:12	7.2	3:29	0.0	2:57	2.6	6:09	8:22	
28	Fri	11:24	5.0	10:05	7.5	4:22	-0.6	3:56	2.6	6:09	8:21	
29	Sat			12:15	5.3	5:12	-1.0	4:52	2.6	6:10	8:20	
30	Sun			1:01	5.6	6:00	-1.2	5:47	2.4	6:11	8:19	
31	Mon			1:45	5.8	6:48	-1.3	6:41	2.2	6:12	8:18	