


































## Oakland - Middle Harbor, CA - Jan 2001

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	4:50	5.2	3:44	4.5	10:40	2.7	10:21	0.9	7:24	5:01	
2	Tue	5:30	5.4	5:02	4.1	11:51	2.3	11:11	1.3	7:25	5:02	
3	Wed	6:10	5.7	6:35	4.0			12:55	1.7	7:25	5:03	
4	Thu	6:51	6.1	8:05	4.1	12:05	1.7	1:49	1.1	7:25	5:03	
5	Fri	7:32	6.4	9:19	4.4	1:01	2.1	2:37	0.4	7:25	5:04	
6	Sat	8:15	6.8	10:21	4.8	1:57	2.4	3:23	-0.3	7:25	5:05	
7	Sun	9:00	7.2	11:14	5.1	2:51	2.6	4:09	-0.9	7:25	5:06	
8	Mon	9:47	7.4			3:43	2.7	4:55	-1.3	7:24	5:07	
9	Tue	12:03	5.4	10:36 AM	7.6	4:35	2.7	5:41	-1.6	7:24	5:08	
10	Wed	12:49	5.5	11:26 AM	7.6	5:27	2.6	6:28	-1.6	7:24	5:09	
11	Thu	1:34	5.7	12:18	7.4	6:21	2.5	7:15	-1.5	7:24	5:10	
12	Fri	2:19	5.8	1:11	6.9	7:19	2.4	8:02	-1.1	7:24	5:11	
13	Sat	3:05	5.9	2:08	6.3	8:22	2.2	8:50	-0.6	7:24	5:12	
14	Sun	3:51	6.0	3:11	5.6	9:31	2.0	9:40	0.1	7:23	5:13	
15	Mon	4:39	6.1	4:24	4.8	10:47	1.7	10:33	0.8	7:23	5:14	
16	Tue	5:28	6.2	5:52	4.3			12:04	1.3	7:23	5:15	
17	Wed	6:17	6.4	7:28	4.2			1:15	0.9	7:22	5:16	
18	Thu	7:06	6.5	8:53	4.4	12:33	2.0	2:16	0.4	7:22	5:17	
19	Fri	7:53	6.5	9:58	4.7	1:35	2.4	3:08	0.1	7:21	5:18	
20	Sat	8:37	6.6	10:50	4.9	2:33	2.7	3:52	-0.2	7:21	5:19	
21	Sun	9:18	6.6	11:34	5.1	3:25	2.8	4:31	-0.4	7:20	5:20	
22	Mon	9:58	6.6			4:10	2.9	5:07	-0.4	7:20	5:22	
23	Tue	12:11	5.1	10:35 AM	6.5	4:51	2.9	5:40	-0.5	7:19	5:23	
24	Wed	12:44	5.2	11:11 AM	6.4	5:28	2.8	6:11	-0.5	7:18	5:24	
25	Thu	1:14	5.2	11:47 AM	6.3	6:04	2.7	6:42	-0.4	7:18	5:25	
26	Fri	1:43	5.2	12:22	6.1	6:39	2.6	7:12	-0.3	7:17	5:26	
27	Sat	2:11	5.2	12:59	5.8	7:17	2.5	7:43	0.0	7:16	5:27	
28	Sun	2:40	5.3	1:39	5.4	7:58	2.4	8:16	0.3	7:16	5:28	
29	Mon	3:11	5.4	2:24	5.0	8:46	2.3	8:51	0.7	7:15	5:29	
30	Tue	3:45	5.5	3:21	4.5	9:43	2.1	9:30	1.2	7:14	5:30	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
<b>31</b>	Wed	<b>4:23</b>	5.6	<b>4:39</b>	4.1	<b>10:49</b>	1.7	<b>10:18</b>	1.7	7:13	5:32	