



































## Oakland - Middle Harbor, CA - Jan 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	3:18	5.3	2:07	5.2	8:39	2.6	8:46	0.3	7:24	5:01	
2	Fri	3:51	5.5	3:03	4.6	9:38	2.3	9:24	0.8	7:24	5:02	
3	Sat	4:26	5.7	4:18	4.1	10:47	1.9	10:08	1.4	7:25	5:03	
4	Sun	5:06	6.0	5:57	3.8	11:57	1.4	11:00	2.0	7:25	5:03	
5	Mon	5:49	6.3	7:43	3.9			1:04	0.8	7:25	5:04	
6	Tue	6:38	6.7	9:09	4.3	12:03	2.5	2:03	0.1	7:25	5:05	
7	Wed	7:31	7.0	10:12	4.7	1:11	2.9	2:58	-0.6	7:25	5:06	
8	Thu	8:25	7.3	11:03	5.0	2:16	3.0	3:49	-1.1	7:24	5:07	
9	Fri	9:20	7.6	11:48	5.3	3:17	3.0	4:38	-1.5	7:24	5:08	
10	Sat	10:14	7.7			4:14	2.8	5:25	-1.6	7:24	5:09	
11	Sun	12:30	5.5	11:07 AM	7.6	5:09	2.6	6:10	-1.6	7:24	5:10	
12	Mon	1:11	5.7	12:00	7.3	6:04	2.3	6:54	-1.3	7:24	5:11	
13	Tue	1:51	5.9	12:53	6.8	7:01	2.1	7:36	-0.9	7:23	5:12	
14	Wed	2:30	6.0	1:47	6.1	8:00	1.8	8:17	-0.3	7:23	5:13	
15	Thu	3:10	6.1	2:46	5.3	9:03	1.6	8:59	0.4	7:23	5:14	
16	Fri	3:51	6.2	3:54	4.6	10:11	1.4	9:43	1.2	7:22	5:15	
17	Sat	4:34	6.2	5:20	4.0	11:24	1.2	10:34	1.9	7:22	5:16	
18	Sun	5:19	6.2	7:06	3.9			12:35	0.9	7:22	5:17	
19	Mon	6:08	6.2	8:43	4.1			1:40	0.6	7:21	5:18	
20	Tue	6:59	6.2	9:49	4.5	12:47	3.0	2:36	0.3	7:21	5:19	
21	Wed	7:49	6.3	10:36	4.7	1:54	3.2	3:23	0.0	7:20	5:20	
22	Thu	8:36	6.4	11:14	4.9	2:51	3.2	4:04	-0.2	7:20	5:22	
23	Fri	9:20	6.4	11:46	5.0	3:39	3.1	4:40	-0.3	7:19	5:23	
24	Sat	10:00	6.5			4:19	3.0	5:12	-0.4	7:18	5:24	
25	Sun	12:14	5.0	10:39 AM	6.5	4:56	2.8	5:42	-0.5	7:18	5:25	
26	Mon	12:40	5.1	11:16 AM	6.4	5:31	2.6	6:10	-0.4	7:17	5:26	
27	Tue	1:04	5.2	11:53 AM	6.2	6:06	2.4	6:38	-0.3	7:16	5:27	
28	Wed	1:29	5.4	12:32	5.9	6:44	2.2	7:06	-0.1	7:16	5:28	
29	Thu	1:55	5.5	1:13	5.5	7:24	2.0	7:36	0.3	7:15	5:29	
30	Fri	2:23	5.7	2:00	5.0	8:10	1.7	8:08	0.8	7:14	5:30	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
<b>31</b>	Sat	<b>2:53</b>	5.9	<b>2:58</b>	4.5	<b>9:03</b>	1.5	<b>8:43</b>	1.4	7:13	5:32	