

































Oakland - Middle Harbor, CA - Mar 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	2:03	6.2	3:10	4.4	8:37	0.5	8:13	2.0	6:40	6:03	
2	Mon	2:41	6.3	4:31	4.1	9:36	0.3	8:59	2.5	6:38	6:04	
3	Tue	3:28	6.3	6:13	4.0	10:47	0.2	10:04	3.0	6:37	6:05	
4	Wed	4:30	6.2	7:46	4.2			12:06	0.0	6:35	6:06	
5	Thu	5:43	6.2	8:47	4.6			1:20	-0.2	6:34	6:07	
6	Fri	6:59	6.3	9:32	5.0	1:07	3.0	2:22	-0.5	6:32	6:08	
7	Sat	8:09	6.4	10:10	5.3	2:18	2.6	3:14	-0.7	6:31	6:09	
8	Sun	10:11	6.5	11:45	5.6	4:16	2.0	4:59	-0.7	7:29	7:10	
9	Mon	11:07	6.5			5:08	1.5	5:40	-0.5	7:28	7:11	
10	Tue	12:19	5.9	12:01	6.3	5:57	1.0	6:18	-0.2	7:27	7:11	
11	Wed	12:51	6.1	12:52	6.0	6:44	0.6	6:54	0.2	7:25	7:12	
12	Thu	1:23	6.3	1:44	5.6	7:29	0.3	7:30	0.8	7:24	7:13	
13	Fri	1:54	6.4	2:36	5.2	8:14	0.1	8:06	1.4	7:22	7:14	
14	Sat	2:25	6.3	3:32	4.7	9:00	0.1	8:44	1.9	7:21	7:15	
15	Sun	2:58	6.1	4:35	4.4	9:48	0.2	9:25	2.5	7:19	7:16	
16	Mon	3:35	5.9	5:54	4.1	10:43	0.4	10:17	2.9	7:18	7:17	
17	Tue	4:19	5.6	7:31	4.1	11:47	0.5	11:33	3.2	7:16	7:18	
18	Wed	5:15	5.4	8:53	4.2			12:59	0.6	7:14	7:19	
19	Thu	6:23	5.2	9:43	4.4	1:07	3.2	2:06	0.5	7:13	7:20	
20	Fri	7:35	5.2	10:18	4.6	2:21	3.0	3:02	0.4	7:11	7:21	
21	Sat	8:38	5.3	10:45	4.8	3:16	2.7	3:46	0.3	7:10	7:22	
22	Sun	9:34	5.4	11:08	5.0	4:01	2.3	4:23	0.2	7:08	7:23	
23	Mon	10:23	5.4	11:31	5.2	4:40	1.8	4:55	0.2	7:07	7:24	
24	Tue	11:09	5.5	11:54	5.5	5:15	1.4	5:25	0.4	7:05	7:25	
25	Wed	11:55	5.4			5:50	1.0	5:55	0.6	7:04	7:26	
26	Thu	12:19	5.8	12:42	5.4	6:25	0.5	6:26	0.9	7:02	7:26	
27	Fri	12:45	6.1	1:30	5.2	7:02	0.1	6:58	1.3	7:01	7:27	
28	Sat	1:14	6.3	2:23	5.0	7:43	-0.2	7:33	1.7	6:59	7:28	
29	Sun	1:46	6.4	3:20	4.7	8:28	-0.4	8:12	2.2	6:58	7:29	
30	Mon	2:24	6.5	4:26	4.5	9:19	-0.5	8:57	2.6	6:56	7:30	
31	Tue	3:09	6.4	5:43	4.3	10:18	-0.5	9:55	2.9	6:55	7:31	