




























Oakland - Middle Harbor, CA - May 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	5:02	5.6	7:35	5.1			12:13	-0.5	6:12	7:59	
2	Sat	6:21	5.2	8:24	5.4	12:59	2.4	1:15	-0.2	6:11	8:00	
3	Sun	7:44	4.9	9:06	5.7	2:13	1.8	2:12	0.2	6:10	8:01	
4	Mon	9:01	4.7	9:44	6.1	3:15	1.1	3:02	0.6	6:09	8:02	
5	Tue	10:12	4.7	10:19	6.3	4:08	0.5	3:47	1.0	6:08	8:03	
6	Wed	11:14	4.7	10:52	6.5	4:54	-0.1	4:30	1.4	6:07	8:04	
7	Thu			12:12	4.8	5:37	-0.5	5:11	1.8	6:06	8:05	
8	Fri			1:05	4.8	6:16	-0.7	5:51	2.2	6:05	8:06	
9	Sat			1:54	4.8	6:53	-0.8	6:31	2.5	6:04	8:07	
10	Sun	12:27	6.4	2:42	4.8	7:30	-0.8	7:12	2.8	6:03	8:08	
11	Mon	1:00	6.2	3:29	4.7	8:08	-0.7	7:54	3.0	6:02	8:09	
12	Tue	1:35	6.0	4:16	4.6	8:48	-0.6	8:39	3.1	6:01	8:09	
13	Wed	2:14	5.7	5:04	4.5	9:30	-0.4	9:32	3.1	6:00	8:10	
14	Thu	2:58	5.4	5:53	4.5	10:15	-0.2	10:39	3.1	5:59	8:11	
15	Fri	3:47	5.0	6:39	4.6	11:03	0.0	11:56	2.9	5:58	8:12	
16	Sat	4:46	4.6	7:19	4.7	11:54	0.3			5:58	8:13	
17	Sun	5:56	4.3	7:55	5.0	1:08	2.6	12:44	0.6	5:57	8:14	
18	Mon	7:15	4.1	8:27	5.3	2:08	2.1	1:32	0.9	5:56	8:15	
19	Tue	8:33	4.0	8:58	5.7	2:57	1.5	2:18	1.2	5:55	8:15	
20	Wed	9:46	4.2	9:30	6.1	3:40	0.8	3:03	1.5	5:55	8:16	
21	Thu	10:51	4.4	10:04	6.5	4:21	0.1	3:47	1.9	5:54	8:17	
22	Fri	11:51	4.6	10:41	6.8	5:02	-0.5	4:31	2.2	5:53	8:18	
23	Sat			12:47	4.8	5:44	-1.1	5:16	2.5	5:53	8:19	
24	Sun			1:40	5.0	6:29	-1.5	6:04	2.7	5:52	8:19	
25	Mon	12:06	7.2	2:32	5.0	7:16	-1.7	6:55	2.8	5:51	8:20	
26	Tue	12:54	7.2	3:24	5.1	8:05	-1.7	7:50	2.8	5:51	8:21	
27	Wed	1:46	7.0	4:16	5.1	8:56	-1.6	8:53	2.8	5:50	8:22	
28	Thu	2:41	6.6	5:08	5.2	9:49	-1.3	10:06	2.6	5:50	8:23	
29	Fri	3:43	6.0	5:59	5.4	10:43	-0.8	11:27	2.3	5:49	8:23	
30	Sat	4:51	5.3	6:48	5.7	11:38	-0.3			5:49	8:24	
31	Sun	6:10	4.7	7:35	6.0	12:48	1.9	12:33	0.3	5:49	8:25	