






















Oakland - Middle Harbor, CA - Jun 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	7:36	4.3	8:18	6.2	2:00	1.3	1:28	0.9	5:48	8:25	
2	Tue	9:02	4.2	8:59	6.5	3:02	0.6	2:20	1.4	5:48	8:26	
3	Wed	10:19	4.3	9:37	6.6	3:55	0.1	3:11	1.9	5:48	8:27	
4	Thu	11:24	4.5	10:14	6.6	4:42	-0.3	3:59	2.3	5:47	8:27	
5	Fri			12:21	4.6	5:24	-0.6	4:46	2.7	5:47	8:28	
6	Sat			1:10	4.8	6:02	-0.8	5:30	2.9	5:47	8:28	
7	Sun			1:54	4.8	6:38	-0.8	6:13	3.0	5:47	8:29	
8	Mon	12:00	6.4	2:35	4.8	7:14	-0.8	6:54	3.1	5:46	8:29	
9	Tue	12:36	6.3	3:12	4.8	7:49	-0.7	7:35	3.1	5:46	8:30	
10	Wed	1:13	6.1	3:48	4.8	8:25	-0.6	8:18	3.1	5:46	8:31	
11	Thu	1:51	5.9	4:23	4.8	9:00	-0.5	9:06	3.0	5:46	8:31	
12	Fri	2:32	5.5	4:57	4.9	9:37	-0.3	10:02	2.9	5:46	8:31	
13	Sat	3:16	5.1	5:32	5.0	10:15	0.0	11:06	2.7	5:46	8:32	
14	Sun	4:09	4.6	6:07	5.2	10:55	0.4			5:46	8:32	
15	Mon	5:15	4.2	6:43	5.5	12:14	2.3	11:38 AM	0.9	5:46	8:33	
16	Tue	6:38	3.8	7:19	5.8	1:19	1.8	12:25	1.3	5:46	8:33	
17	Wed	8:11	3.8	7:58	6.2	2:16	1.2	1:17	1.8	5:46	8:33	
18	Thu	9:38	3.9	8:39	6.6	3:06	0.5	2:11	2.3	5:47	8:34	
19	Fri	10:50	4.3	9:23	6.9	3:54	-0.2	3:06	2.6	5:47	8:34	
20	Sat	11:50	4.6	10:10	7.3	4:41	-0.8	4:00	2.8	5:47	8:34	
21	Sun			12:43	4.9	5:28	-1.3	4:54	2.9	5:47	8:34	
22	Mon			1:31	5.1	6:16	-1.6	5:48	2.9	5:47	8:35	
23	Tue			2:17	5.3	7:04	-1.7	6:44	2.8	5:48	8:35	
24	Wed	12:43	7.4	3:01	5.4	7:52	-1.7	7:43	2.6	5:48	8:35	
25	Thu	1:37	7.1	3:45	5.6	8:39	-1.4	8:46	2.4	5:48	8:35	
26	Fri	2:34	6.6	4:29	5.8	9:25	-1.0	9:55	2.1	5:49	8:35	
27	Sat	3:33	5.9	5:13	6.0	10:12	-0.4	11:08	1.8	5:49	8:35	
28	Sun	4:41	5.1	5:58	6.2	11:00	0.3			5:49	8:35	
29	Mon	6:00	4.4	6:44	6.4	12:24	1.4	11:51 AM	1.0	5:50	8:35	
30	Tue	7:32	4.0	7:30	6.5	1:36	1.0	12:46	1.7	5:50	8:35	