

































Oakland - Middle Harbor, CA - Jul 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	9:07	4.0	8:16	6.6	2:41	0.5	1:45	2.3	5:51	8:35	
2	Thu	10:26	4.3	9:00	6.6	3:37	0.1	2:44	2.7	5:51	8:35	
3	Fri	11:28	4.6	9:43	6.7	4:26	-0.2	3:41	3.0	5:52	8:35	
4	Sat			12:17	4.8	5:08	-0.4	4:32	3.1	5:52	8:34	
5	Sun			12:59	4.9	5:47	-0.5	5:17	3.1	5:53	8:34	
6	Mon			1:36	5.0	6:23	-0.6	5:59	3.1	5:53	8:34	
7	Tue			2:08	5.0	6:56	-0.6	6:38	3.0	5:54	8:34	
8	Wed	12:19	6.4	2:37	5.0	7:28	-0.5	7:16	2.9	5:55	8:33	
9	Thu	12:56	6.2	3:05	5.1	7:58	-0.4	7:55	2.8	5:55	8:33	
10	Fri	1:33	6.0	3:32	5.2	8:28	-0.3	8:38	2.7	5:56	8:33	
11	Sat	2:12	5.6	4:00	5.3	8:59	0.0	9:25	2.5	5:56	8:32	
12	Sun	2:55	5.2	4:30	5.5	9:31	0.4	10:19	2.3	5:57	8:32	
13	Mon	3:46	4.7	5:02	5.7	10:05	0.9	11:20	2.0	5:58	8:32	
14	Tue	4:51	4.2	5:39	6.0	10:44	1.4			5:59	8:31	
15	Wed	6:19	3.9	6:20	6.2	12:26	1.5	11:30 AM	2.0	5:59	8:31	
16	Thu	8:05	3.8	7:08	6.5	1:32	1.0	12:27	2.5	6:00	8:30	
17	Fri	9:39	4.1	8:00	6.9	2:34	0.4	1:34	2.9	6:01	8:29	
18	Sat	10:47	4.4	8:56	7.2	3:31	-0.2	2:42	3.1	6:01	8:29	
19	Sun	11:40	4.8	9:52	7.5	4:23	-0.8	3:45	3.0	6:02	8:28	
20	Mon			12:24	5.1	5:13	-1.2	4:43	2.9	6:03	8:28	
21	Tue			1:06	5.3	6:01	-1.4	5:40	2.6	6:04	8:27	
22	Wed			1:45	5.6	6:46	-1.4	6:36	2.3	6:05	8:26	
23	Thu	12:36	7.4	2:24	5.8	7:30	-1.2	7:33	2.0	6:05	8:25	
24	Fri	1:31	7.0	3:03	6.1	8:13	-0.9	8:32	1.7	6:06	8:25	
25	Sat	2:26	6.4	3:42	6.3	8:55	-0.3	9:34	1.5	6:07	8:24	
26	Sun	3:25	5.7	4:23	6.4	9:37	0.4	10:40	1.3	6:08	8:23	
27	Mon	4:32	4.9	5:06	6.5	10:21	1.2	11:50	1.1	6:09	8:22	
28	Tue	5:52	4.4	5:52	6.5	11:11	1.9			6:09	8:21	
29	Wed	7:31	4.1	6:42	6.5	1:02	0.8	12:11	2.5	6:10	8:20	
30	Thu	9:09	4.3	7:36	6.4	2:10	0.6	1:22	3.0	6:11	8:19	
31	Fri	10:21	4.6	8:29	6.4	3:11	0.3	2:32	3.2	6:12	8:19	