
































Oakland - Middle Harbor, CA - Nov 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	10:03	6.5	11:29	5.1	3:52	1.9	4:47	-0.1	6:35	5:10	
2	Mon	10:34	6.7			4:27	2.2	5:24	-0.5	6:36	5:09	
3	Tue	12:20	5.1	11:08 AM	6.9	5:05	2.5	6:05	-0.8	6:37	5:08	
4	Wed	1:12	5.1	11:46 AM	7.0	5:45	2.8	6:49	-1.0	6:38	5:07	
5	Thu	2:07	5.1	12:30	6.9	6:30	3.0	7:38	-1.0	6:39	5:06	
6	Fri	3:04	5.0	1:20	6.7	7:23	3.1	8:32	-0.8	6:40	5:05	
7	Sat	4:04	5.0	2:17	6.3	8:27	3.2	9:31	-0.6	6:41	5:04	
8	Sun	5:03	5.1	3:25	5.9	9:49	3.1	10:33	-0.3	6:42	5:03	
9	Mon	5:59	5.3	4:43	5.4	11:20	2.7	11:36	0.1	6:43	5:02	
10	Tue	6:48	5.6	6:07	5.1			12:39	2.1	6:44	5:01	
11	Wed	7:32	6.0	7:29	4.9	12:35	0.4	1:45	1.4	6:45	5:01	
12	Thu	8:12	6.4	8:44	4.9	1:28	0.9	2:40	0.7	6:46	5:00	
13	Fri	8:49	6.7	9:51	5.0	2:17	1.3	3:29	0.1	6:47	4:59	
14	Sat	9:24	6.9	10:51	5.1	3:02	1.7	4:13	-0.4	6:49	4:58	
15	Sun	9:59	7.0	11:46	5.2	3:46	2.1	4:55	-0.7	6:50	4:57	
16	Mon	10:34	7.0			4:30	2.5	5:34	-0.8	6:51	4:57	
17	Tue	12:38	5.2	11:08 AM	6.8	5:13	2.8	6:13	-0.8	6:52	4:56	
18	Wed	1:26	5.2	11:44 AM	6.6	5:56	3.0	6:52	-0.7	6:53	4:55	
19	Thu	2:14	5.1	12:21	6.4	6:41	3.2	7:32	-0.5	6:54	4:55	
20	Fri	3:00	5.0	1:01	6.0	7:28	3.3	8:14	-0.3	6:55	4:54	
21	Sat	3:47	4.9	1:44	5.7	8:22	3.3	8:58	0.0	6:56	4:54	
22	Sun	4:33	4.9	2:33	5.2	9:27	3.2	9:45	0.3	6:57	4:53	
23	Mon	5:17	4.9	3:31	4.8	10:43	3.1	10:33	0.6	6:58	4:53	
24	Tue	5:57	5.1	4:40	4.4	11:56	2.7	11:23	0.9	6:59	4:52	
25	Wed	6:33	5.3	6:01	4.1			12:57	2.2	7:00	4:52	
26	Thu	7:06	5.6	7:22	4.1	12:12	1.3	1:48	1.6	7:01	4:52	
27	Fri	7:38	5.9	8:36	4.2	12:59	1.6	2:30	1.0	7:02	4:51	
28	Sat	8:10	6.3	9:41	4.5	1:45	2.0	3:10	0.4	7:03	4:51	
29	Sun	8:44	6.6	10:38	4.7	2:29	2.3	3:48	-0.2	7:04	4:51	
30	Mon	9:20	6.9	11:31	4.9	3:12	2.6	4:27	-0.7	7:05	4:50	