

























Oakland - Middle Harbor, CA - Jul 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	2:55	5.2	4:44	5.3	9:40	0.2	10:29	2.5	5:51	8:35	
2	Fri	3:43	4.7	5:16	5.4	10:15	0.7	11:31	2.2	5:51	8:35	
3	Sat	4:42	4.2	5:51	5.6	10:53	1.2			5:52	8:35	
4	Sun	5:58	3.8	6:29	5.8	12:36	1.9	11:36 AM	1.7	5:52	8:34	
5	Mon	7:34	3.6	7:11	6.1	1:39	1.4	12:26	2.2	5:53	8:34	
6	Tue	9:10	3.8	7:55	6.3	2:34	0.9	1:24	2.6	5:53	8:34	
7	Wed	10:25	4.1	8:42	6.6	3:24	0.4	2:24	2.9	5:54	8:34	
8	Thu	11:21	4.4	9:30	6.9	4:09	-0.1	3:21	3.0	5:54	8:34	
9	Fri			12:07	4.7	4:53	-0.6	4:15	3.0	5:55	8:33	
10	Sat			12:48	5.0	5:37	-1.0	5:06	2.9	5:56	8:33	
11	Sun			1:27	5.2	6:20	-1.3	5:58	2.7	5:56	8:32	
12	Mon			2:06	5.4	7:02	-1.4	6:51	2.5	5:57	8:32	
13	Tue	12:50	7.2	2:44	5.7	7:45	-1.3	7:47	2.2	5:58	8:32	
14	Wed	1:43	6.9	3:23	5.9	8:27	-0.9	8:46	1.9	5:58	8:31	
15	Thu	2:39	6.3	4:03	6.2	9:10	-0.4	9:51	1.6	5:59	8:31	
16	Fri	3:40	5.6	4:46	6.4	9:54	0.2	11:01	1.3	6:00	8:30	
17	Sat	4:51	4.9	5:31	6.6	10:41	1.0			6:01	8:30	
18	Sun	6:16	4.3	6:21	6.7	12:15	1.0	11:34 AM	1.7	6:01	8:29	
19	Mon	7:54	4.2	7:13	6.8	1:29	0.6	12:37	2.3	6:02	8:28	
20	Tue	9:26	4.3	8:08	6.9	2:37	0.2	1:46	2.7	6:03	8:28	
21	Wed	10:36	4.6	9:02	6.9	3:36	-0.1	2:54	2.9	6:04	8:27	
22	Thu	11:30	4.9	9:52	6.9	4:27	-0.3	3:54	3.0	6:04	8:26	
23	Fri			12:15	5.1	5:12	-0.5	4:46	2.9	6:05	8:26	
24	Sat			12:53	5.2	5:51	-0.5	5:32	2.8	6:06	8:25	
25	Sun			1:27	5.2	6:27	-0.5	6:14	2.7	6:07	8:24	
26	Mon	12:01	6.5	1:57	5.3	6:59	-0.4	6:54	2.6	6:08	8:23	
27	Tue	12:39	6.3	2:24	5.3	7:29	-0.2	7:33	2.4	6:08	8:22	
28	Wed	1:17	6.0	2:49	5.4	7:58	0.0	8:12	2.3	6:09	8:22	
29	Thu	1:55	5.6	3:14	5.5	8:27	0.4	8:54	2.1	6:10	8:21	
30	Fri	2:36	5.2	3:41	5.7	8:56	0.8	9:40	2.0	6:11	8:20	
31	Sat	3:22	4.8	4:11	5.8	9:27	1.2	10:32	1.8	6:12	8:19	