



































Oakland - Middle Harbor, CA - Jan 2012

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	5:34	5.8	6:27	3.8			12:37	1.5	7:24	5:00	
2	Mon	6:17	5.9	8:01	3.9			1:36	1.1	7:24	5:01	
3	Tue	7:01	6.1	9:13	4.1	12:37	2.5	2:27	0.7	7:25	5:02	
4	Wed	7:44	6.2	10:07	4.4	1:36	2.7	3:11	0.3	7:25	5:03	
5	Thu	8:26	6.4	10:50	4.7	2:28	2.9	3:49	0.0	7:25	5:04	
6	Fri	9:07	6.6	11:27	4.9	3:15	2.9	4:25	-0.3	7:25	5:05	
7	Sat	9:48	6.7			3:57	2.9	4:58	-0.5	7:25	5:06	
8	Sun	12:01	5.0	10:28 AM	6.8	4:37	2.8	5:31	-0.7	7:25	5:06	
9	Mon	12:34	5.2	11:09 AM	6.8	5:16	2.7	6:04	-0.8	7:24	5:07	
10	Tue	1:06	5.3	11:50 AM	6.6	5:57	2.5	6:39	-0.8	7:24	5:08	
11	Wed	1:39	5.5	12:33	6.4	6:42	2.3	7:14	-0.6	7:24	5:09	
12	Thu	2:13	5.7	1:21	6.0	7:31	2.1	7:52	-0.3	7:24	5:10	
13	Fri	2:50	5.9	2:14	5.5	8:26	1.9	8:32	0.2	7:24	5:11	
14	Sat	3:29	6.1	3:18	4.9	9:28	1.6	9:17	0.8	7:23	5:12	
15	Sun	4:12	6.3	4:38	4.3	10:40	1.3	10:08	1.5	7:23	5:13	
16	Mon	5:01	6.5	6:15	4.1	11:55	0.8	11:09	2.0	7:23	5:14	
17	Tue	5:55	6.7	7:51	4.2			1:08	0.3	7:22	5:15	
18	Wed	6:53	6.9	9:08	4.6	12:21	2.5	2:11	-0.2	7:22	5:16	
19	Thu	7:51	7.1	10:07	4.9	1:33	2.7	3:07	-0.6	7:22	5:18	
20	Fri	8:47	7.2	10:56	5.2	2:39	2.7	3:57	-0.9	7:21	5:19	
21	Sat	9:40	7.2	11:39	5.5	3:38	2.6	4:42	-1.0	7:21	5:20	
22	Sun	10:29	7.1			4:31	2.4	5:24	-1.0	7:20	5:21	
23	Mon	12:18	5.6	11:16 AM	6.9	5:21	2.2	6:03	-0.8	7:19	5:22	
24	Tue	12:55	5.7	12:02	6.6	6:09	2.0	6:40	-0.6	7:19	5:23	
25	Wed	1:30	5.8	12:46	6.1	6:56	1.9	7:15	-0.2	7:18	5:24	
26	Thu	2:03	5.8	1:31	5.6	7:43	1.8	7:50	0.3	7:18	5:25	
27	Fri	2:36	5.8	2:18	5.0	8:32	1.7	8:26	0.8	7:17	5:26	
28	Sat	3:09	5.8	3:12	4.5	9:26	1.7	9:03	1.4	7:16	5:27	
29	Sun	3:44	5.8	4:19	4.0	10:27	1.6	9:45	2.0	7:15	5:29	
30	Mon	4:24	5.8	5:50	3.7	11:35	1.4	10:38	2.4	7:15	5:30	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Tue	5:11	5.8	7:36	3.8			12:43	1.1	7:14	5:31	