

































## Oakland - Middle Harbor, CA - Jan 2016

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	5:15	5.5	4:51	4.1	11:40	2.1	10:59	1.4	7:24	5:00	
2	Sat	5:58	5.6	6:17	3.9			12:45	1.8	7:24	5:01	
3	Sun	6:40	5.8	7:44	3.9			1:42	1.3	7:25	5:02	
4	Mon	7:22	6.0	8:57	4.1	12:51	2.1	2:30	0.9	7:25	5:03	
5	Tue	8:02	6.2	9:53	4.4	1:45	2.4	3:12	0.5	7:25	5:04	
6	Wed	8:42	6.4	10:39	4.7	2:34	2.5	3:49	0.1	7:25	5:05	
7	Thu	9:21	6.6	11:20	4.9	3:19	2.6	4:25	-0.3	7:25	5:06	
8	Fri	10:01	6.8	11:59	5.1	4:01	2.7	5:00	-0.6	7:25	5:06	
9	Sat	10:41	6.9			4:42	2.6	5:36	-0.8	7:24	5:07	
10	Sun	12:37	5.3	11:23 AM	6.9	5:24	2.6	6:14	-0.9	7:24	5:08	
11	Mon	1:15	5.5	12:06	6.8	6:08	2.4	6:53	-0.9	7:24	5:09	
12	Tue	1:53	5.6	12:53	6.5	6:56	2.3	7:34	-0.8	7:24	5:10	
13	Wed	2:33	5.7	1:43	6.1	7:49	2.2	8:17	-0.4	7:24	5:11	
14	Thu	3:15	5.9	2:40	5.6	8:50	2.0	9:03	0.1	7:23	5:12	
15	Fri	4:01	6.1	3:49	5.0	9:59	1.7	9:55	0.6	7:23	5:13	
16	Sat	4:50	6.2	5:12	4.5	11:16	1.4	10:52	1.2	7:23	5:14	
17	Sun	5:42	6.4	6:45	4.3			12:32	0.9	7:22	5:15	
18	Mon	6:37	6.7	8:12	4.5			1:41	0.4	7:22	5:16	
19	Tue	7:32	6.8	9:24	4.8	1:05	2.1	2:40	-0.1	7:21	5:18	
20	Wed	8:24	7.0	10:21	5.1	2:09	2.3	3:31	-0.4	7:21	5:19	
21	Thu	9:15	7.1	11:10	5.4	3:08	2.4	4:18	-0.7	7:21	5:20	
22	Fri	10:02	7.1	11:54	5.5	4:01	2.4	5:00	-0.8	7:20	5:21	
23	Sat	10:47	6.9			4:51	2.3	5:39	-0.8	7:19	5:22	
24	Sun	12:35	5.6	11:29 AM	6.7	5:37	2.3	6:17	-0.6	7:19	5:23	
25	Mon	1:12	5.6	12:11	6.4	6:22	2.2	6:52	-0.4	7:18	5:24	
26	Tue	1:47	5.6	12:51	6.0	7:06	2.1	7:27	-0.1	7:18	5:25	
27	Wed	2:21	5.6	1:32	5.6	7:51	2.1	8:02	0.3	7:17	5:26	
28	Thu	2:54	5.6	2:16	5.1	8:39	2.0	8:38	0.7	7:16	5:27	
29	Fri	3:28	5.5	3:06	4.6	9:32	2.0	9:16	1.2	7:15	5:29	
30	Sat	4:05	5.5	4:09	4.1	10:34	1.9	10:00	1.7	7:15	5:30	
31	Sun	4:47	5.6	5:33	3.8	11:41	1.6	10:54	2.2	7:14	5:31	