































Oakland - Middle Harbor, CA - Nov 2019

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	4:32	5.2	3:09	6.2	9:23	2.9	10:14	-0.3	7:34	6:11	
2	Sat	5:41	5.1	4:01	5.7	10:35	3.1	11:14	0.1	7:35	6:09	
3	Sun	5:50	5.1	4:03	5.3	11:00	3.2	11:18	0.3	6:36	5:08	
4	Mon	6:52	5.2	5:15	5.0			12:19	2.9	6:37	5:07	
5	Tue	7:41	5.3	6:29	4.8	12:20	0.5	1:23	2.6	6:39	5:06	
6	Wed	8:20	5.5	7:37	4.8	1:15	0.7	2:14	2.1	6:40	5:05	
7	Thu	8:51	5.6	8:36	4.8	2:02	0.8	2:57	1.7	6:41	5:04	
8	Fri	9:18	5.8	9:29	4.9	2:42	1.0	3:35	1.2	6:42	5:04	
9	Sat	9:43	6.0	10:17	5.0	3:18	1.2	4:09	0.8	6:43	5:03	
10	Sun	10:08	6.1	11:03	5.0	3:51	1.5	4:41	0.5	6:44	5:02	
11	Mon	10:35	6.3	11:48	5.0	4:23	1.8	5:13	0.1	6:45	5:01	
12	Tue	11:02	6.4			4:56	2.1	5:45	-0.1	6:46	5:00	
13	Wed	12:34	5.0	11:32 AM	6.5	5:30	2.3	6:20	-0.4	6:47	4:59	
14	Thu	1:22	5.0	12:05	6.5	6:06	2.6	6:59	-0.5	6:48	4:58	
15	Fri	2:12	5.0	12:42	6.4	6:46	2.9	7:42	-0.5	6:49	4:58	
16	Sat	3:06	5.0	1:25	6.3	7:33	3.1	8:31	-0.5	6:50	4:57	
17	Sun	4:05	5.0	2:16	6.0	8:32	3.2	9:26	-0.4	6:51	4:56	
18	Mon	5:05	5.0	3:19	5.7	9:49	3.2	10:28	-0.2	6:52	4:56	
19	Tue	6:03	5.2	4:35	5.3	11:16	2.9	11:31	0.0	6:53	4:55	
20	Wed	6:54	5.5	5:58	5.1			12:35	2.4	6:54	4:55	
21	Thu	7:38	5.9	7:19	5.1	12:33	0.2	1:39	1.7	6:55	4:54	
22	Fri	8:19	6.3	8:34	5.1	1:29	0.5	2:35	0.9	6:57	4:53	
23	Sat	8:57	6.7	9:41	5.2	2:20	0.8	3:24	0.2	6:58	4:53	
24	Sun	9:35	7.0	10:42	5.4	3:08	1.2	4:12	-0.4	6:59	4:53	
25	Mon	10:13	7.2	11:40	5.4	3:54	1.6	4:57	-0.8	7:00	4:52	
26	Tue	10:51	7.2			4:40	2.0	5:41	-1.0	7:01	4:52	
27	Wed	12:35	5.5	11:30 AM	7.1	5:27	2.4	6:25	-1.1	7:02	4:51	
28	Thu	1:29	5.4	12:10	6.9	6:14	2.7	7:09	-1.0	7:03	4:51	
29	Fri	2:22	5.4	12:51	6.5	7:05	2.9	7:54	-0.8	7:04	4:51	
30	Sat	3:16	5.3	1:34	6.1	8:01	3.1	8:41	-0.4	7:05	4:50	