



































## Oakland - Middle Harbor, CA - Jan 2020

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	4:49	5.2	3:35	4.6	10:39	2.7	10:18	0.8	7:24	5:00	
2	Thu	5:28	5.3	4:48	4.1	11:50	2.4	11:06	1.3	7:24	5:01	
3	Fri	6:06	5.5	6:17	3.8			12:55	1.9	7:24	5:02	
4	Sat	6:44	5.8	7:48	3.9			1:49	1.4	7:25	5:03	
5	Sun	7:22	6.0	9:05	4.1	12:51	2.1	2:35	0.9	7:25	5:04	
6	Mon	8:00	6.3	10:05	4.4	1:43	2.5	3:15	0.3	7:25	5:05	
7	Tue	8:39	6.6	10:55	4.7	2:32	2.7	3:53	-0.2	7:25	5:06	
8	Wed	9:19	6.8	11:39	5.0	3:18	2.9	4:31	-0.6	7:24	5:06	
9	Thu	10:00	7.0			4:03	2.9	5:10	-1.0	7:24	5:07	
10	Fri	12:20	5.2	10:43 AM	7.2	4:47	2.9	5:50	-1.2	7:24	5:08	
11	Sat	1:01	5.3	11:28 AM	7.2	5:33	2.9	6:31	-1.3	7:24	5:09	
12	Sun	1:41	5.4	12:15	7.1	6:21	2.7	7:14	-1.2	7:24	5:10	
13	Mon	2:22	5.5	1:05	6.8	7:14	2.6	7:58	-1.0	7:24	5:11	
14	Tue	3:04	5.7	2:00	6.2	8:12	2.4	8:44	-0.5	7:23	5:12	
15	Wed	3:47	5.8	3:01	5.6	9:20	2.1	9:31	0.1	7:23	5:13	
16	Thu	4:33	6.0	4:16	4.9	10:35	1.8	10:23	0.7	7:23	5:14	
17	Fri	5:21	6.3	5:46	4.4	11:53	1.3	11:21	1.4	7:22	5:15	
18	Sat	6:10	6.5	7:24	4.2			1:06	0.7	7:22	5:16	
19	Sun	7:01	6.7	8:51	4.5	12:24	2.0	2:10	0.2	7:21	5:18	
20	Mon	7:52	6.9	9:59	4.8	1:29	2.4	3:06	-0.3	7:21	5:19	
21	Tue	8:41	7.0	10:54	5.1	2:31	2.7	3:54	-0.6	7:20	5:20	
22	Wed	9:27	7.0	11:41	5.3	3:28	2.8	4:38	-0.8	7:20	5:21	
23	Thu	10:12	6.9			4:19	2.8	5:18	-0.8	7:19	5:22	
24	Fri	12:22	5.4	10:54 AM	6.8	5:05	2.8	5:56	-0.8	7:19	5:23	
25	Sat	1:00	5.4	11:34 AM	6.6	5:49	2.7	6:31	-0.6	7:18	5:24	
26	Sun	1:34	5.3	12:13	6.3	6:30	2.6	7:05	-0.4	7:17	5:25	
27	Mon	2:06	5.3	12:51	6.0	7:11	2.5	7:38	-0.2	7:17	5:26	
28	Tue	2:36	5.3	1:30	5.5	7:54	2.4	8:11	0.2	7:16	5:27	
29	Wed	3:05	5.3	2:13	5.1	8:41	2.3	8:45	0.7	7:15	5:29	
30	Thu	3:37	5.4	3:03	4.5	9:35	2.2	9:21	1.2	7:15	5:30	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
<b>31</b>	Fri	<b>4:11</b>	5.4	<b>4:10</b>	4.1	<b>10:38</b>	2.0	<b>10:02</b>	1.7	7:14	5:31	