US HARBORS www.USHarbors.com

Oakland - Middle Harbor, CA - Mar 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	6:53	5.7	9:53	4.8	1:22	3.2	2:35	0.2	6:40	6:02	
2	Thu	7:54	5.7	10:30	5.0	2:26	3.1	3:23	0.0	6:39	6:03	
3	Fri	8:46	5.9	11:00	5.0	3:16	2.8	4:02	-0.1	6:37	6:04	
4	Sat	9:32	5.9	11:26	5.1	3:57	2.5	4:36	-0.2	6:36	6:05	
5	Sun	10:13	6.0	11:50	5.2	4:33	2.3	5:05	-0.2	6:34	6:06	
6	Mon	10:52	5.9			5:07	2.0	5:32	-0.1	6:33	6:07	
7	Tue	12:12	5.3	11:31 AM	5.8	5:39	1.7	5:58	0.1	6:31	6:08	
8	Wed	12:34	5.4	12:10	5.6	6:13	1.4	6:23	0.4	6:30	6:09	
9	Thu	12:56	5.6	12:51	5.3	6:48	1.1	6:50	0.8	6:29	6:10	
10	Fri	1:20	5.8	1:37	4.9	7:26	0.9	7:19	1.3	6:27	6:11	
11	Sat	1:47	5.9	2:31	4.5	8:10	0.6	7:51	1.8	6:26	6:12	
12	Sun	3:17	6.0	4:40	4.2	10:00	0.5	9:28	2.4	7:24	7:13	
13	Mon	3:55	6.0	6:13	4.0	11:01	0.3	10:16	2.9	7:23	7:14	
14	Tue	4:45	6.0	8:03	4.1			12:13	0.2	7:21	7:15	
15	Wed	5:50	6.0	9:22	4.4			1:31	-0.1	7:20	7:16	
16	Thu	7:08	6.0	10:12	4.7	1:15	3.3	2:41	-0.4	7:18	7:17	
17	Fri	8:23	6.2	10:51	5.0	2:38	3.0	3:40	-0.7	7:17	7:18	
18	Sat	9:31	6.4	11:26	5.4	3:42	2.5	4:30	-0.9	7:15	7:19	
19	Sun	10:32	6.5			4:37	1.9	5:15	-0.8	7:14	7:20	
20	Mon	12:00	5.7	11:28 AM	6.5	5:27	1.3	5:56	-0.6	7:12	7:21	
21	Tue	12:32	6.0	12:23	6.3	6:15	0.8	6:35	-0.2	7:11	7:21	
22	Wed	1:05	6.2	1:17	5.9	7:03	0.3	7:13	0.3	7:09	7:22	
23	Thu	1:37	6.4	2:12	5.5	7:51	0.0	7:51	0.9	7:07	7:23	
24	Fri	2:09	6.4	3:10	5.1	8:39	-0.1	8:30	1.6	7:06	7:24	
25	Sat	2:43	6.3	4:14	4.6	9:29	-0.1	9:12	2.2	7:04	7:25	
26	Sun	3:19	6.1	5:30	4.3	10:23	0.0	10:04	2.8	7:03	7:26	
27	Mon	4:00	5.8	7:03	4.3	11:24	0.2	11:16	3.2	7:01	7:27	
28	Tue	4:52	5.5	8:31	4.4			12:35	0.3	7:00	7:28	
29	Wed	5:57	5.2	9:31	4.6	12:50	3.3	1:47	0.4	6:58	7:29	
30	Thu	7:12	5.1	10:12	4.8	2:10	3.1	2:49	0.3	6:57	7:30	
31	Fri	8:21	5.1	10:44	4.9	3:09	2.8	3:38	0.2	6:55	7:31	