




























Oakland - Middle Harbor, CA - May 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	9:44	4.5	10:31	5.4	4:08	1.5	3:55	0.7	6:13	7:59	
2	Tue	10:39	4.6	10:55	5.7	4:45	1.0	4:28	1.0	6:12	8:00	
3	Wed	11:31	4.7	11:20	6.0	5:19	0.4	5:00	1.3	6:10	8:01	
4	Thu			12:22	4.7	5:54	-0.1	5:33	1.7	6:09	8:02	
5	Fri			1:13	4.8	6:29	-0.5	6:07	2.1	6:08	8:03	
6	Sat	12:16	6.4	2:06	4.8	7:08	-0.9	6:44	2.4	6:07	8:04	
7	Sun	12:49	6.6	3:02	4.7	7:50	-1.1	7:25	2.8	6:06	8:05	
8	Mon	1:27	6.6	4:01	4.7	8:37	-1.2	8:13	3.0	6:05	8:06	
9	Tue	2:12	6.5	5:05	4.7	9:29	-1.1	9:11	3.2	6:04	8:06	
10	Wed	3:04	6.2	6:10	4.7	10:27	-1.0	10:28	3.2	6:03	8:07	
11	Thu	4:08	5.8	7:10	4.9	11:31	-0.8			6:02	8:08	
12	Fri	5:23	5.4	8:01	5.2	12:02	3.0	12:36	-0.5	6:01	8:09	
13	Sat	6:46	5.1	8:45	5.5	1:28	2.5	1:36	-0.2	6:00	8:10	
14	Sun	8:08	4.8	9:23	5.9	2:38	1.8	2:30	0.1	6:00	8:11	
15	Mon	9:24	4.8	9:58	6.2	3:35	1.0	3:18	0.5	5:59	8:12	
16	Tue	10:34	4.8	10:32	6.5	4:26	0.3	4:02	1.0	5:58	8:13	
17	Wed	11:37	4.8	11:05	6.7	5:12	-0.3	4:45	1.5	5:57	8:13	
18	Thu			12:36	4.8	5:55	-0.7	5:27	2.0	5:56	8:14	
19	Fri			1:32	4.9	6:36	-1.0	6:10	2.4	5:56	8:15	
20	Sat	12:11	6.7	2:25	4.9	7:16	-1.0	6:53	2.7	5:55	8:16	
21	Sun	12:44	6.5	3:17	4.9	7:56	-1.0	7:39	3.0	5:54	8:17	
22	Mon	1:20	6.3	4:09	4.8	8:37	-0.8	8:27	3.2	5:53	8:18	
23	Tue	1:58	6.0	5:02	4.7	9:20	-0.6	9:22	3.3	5:53	8:18	
24	Wed	2:41	5.6	5:54	4.7	10:06	-0.4	10:29	3.3	5:52	8:19	
25	Thu	3:29	5.2	6:44	4.7	10:56	-0.1	11:45	3.1	5:52	8:20	
26	Fri	4:25	4.8	7:26	4.8	11:47	0.2			5:51	8:21	
27	Sat	5:32	4.4	8:02	5.0	12:58	2.8	12:38	0.4	5:51	8:22	
28	Sun	6:47	4.1	8:32	5.2	2:00	2.4	1:26	0.7	5:50	8:22	
29	Mon	8:05	4.0	9:00	5.5	2:51	1.8	2:11	1.0	5:50	8:23	
30	Tue	9:19	4.0	9:28	5.9	3:35	1.2	2:52	1.4	5:49	8:24	
31	Wed	10:26	4.2	9:57	6.2	4:14	0.6	3:32	1.8	5:49	8:24	