

























## Oakland - Middle Harbor, CA - Jan 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	4:05	5.1	2:34	4.9	9:29	2.8	9:25	0.5	7:24	5:00	
2	Tue	4:38	5.2	3:31	4.4	10:36	2.6	10:03	1.1	7:24	5:01	
3	Wed	5:12	5.4	4:47	3.9	11:45	2.2	10:45	1.6	7:24	5:02	
4	Thu	5:48	5.6	6:26	3.6			12:49	1.7	7:25	5:03	
5	Fri	6:25	5.9	8:09	3.8			1:43	1.1	7:25	5:04	
6	Sat	7:04	6.2	9:30	4.1	12:30	2.6	2:30	0.5	7:25	5:05	
7	Sun	7:46	6.5	10:28	4.5	1:29	3.0	3:13	-0.1	7:25	5:06	
8	Mon	8:30	6.8	11:15	4.8	2:24	3.2	3:55	-0.6	7:24	5:06	
9	Tue	9:16	7.0	11:56	5.0	3:16	3.3	4:38	-1.0	7:24	5:07	
10	Wed	10:03	7.3			4:05	3.2	5:20	-1.3	7:24	5:08	
11	Thu	12:36	5.2	10:51 AM	7.4	4:53	3.1	6:03	-1.5	7:24	5:09	
12	Fri	1:14	5.3	11:40 AM	7.4	5:43	2.9	6:46	-1.5	7:24	5:10	
13	Sat	1:52	5.4	12:31	7.1	6:36	2.6	7:29	-1.3	7:24	5:11	
14	Sun	2:31	5.6	1:24	6.6	7:33	2.4	8:12	-0.9	7:23	5:12	
15	Mon	3:10	5.8	2:23	5.9	8:36	2.1	8:55	-0.2	7:23	5:13	
16	Tue	3:51	6.1	3:31	5.1	9:48	1.7	9:41	0.5	7:23	5:14	
17	Wed	4:34	6.3	4:54	4.4	11:05	1.3	10:31	1.3	7:22	5:15	
18	Thu	5:20	6.5	6:36	4.1			12:22	0.8	7:22	5:17	
19	Fri	6:09	6.6	8:18	4.2			1:33	0.3	7:21	5:18	
20	Sat	7:01	6.7	9:36	4.6	12:36	2.7	2:34	-0.1	7:21	5:19	
21	Sun	7:54	6.8	10:35	4.9	1:45	3.0	3:27	-0.4	7:20	5:20	
22	Mon	8:44	6.8	11:21	5.1	2:49	3.1	4:13	-0.6	7:20	5:21	
23	Tue	9:32	6.8			3:45	3.1	4:54	-0.7	7:19	5:22	
24	Wed	12:02	5.3	10:16 AM	6.7	4:33	3.0	5:31	-0.7	7:19	5:23	
25	Thu	12:37	5.3	10:57 AM	6.6	5:16	2.9	6:05	-0.6	7:18	5:24	
26	Fri	1:09	5.2	11:35 AM	6.4	5:55	2.7	6:37	-0.5	7:17	5:25	
27	Sat	1:38	5.2	12:12	6.1	6:34	2.6	7:06	-0.3	7:17	5:26	
28	Sun	2:05	5.2	12:49	5.8	7:13	2.4	7:35	0.0	7:16	5:27	
29	Mon	2:30	5.3	1:28	5.3	7:55	2.3	8:03	0.4	7:15	5:29	
30	Tue	2:55	5.4	2:12	4.8	8:41	2.1	8:32	0.9	7:14	5:30	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
<b>31</b>	Wed	<b>3:23</b>	5.5	<b>3:05</b>	4.3	<b>9:33</b>	1.9	<b>9:02</b>	1.5	7:14	5:31	