






















Oakland - Middle Harbor, CA - Mar 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	12:42	6.0	12:37	6.1	6:27	0.8	6:44	0.1	6:39	6:03	
2	Sun	1:14	6.3	1:34	5.6	7:17	0.4	7:21	0.7	6:38	6:04	
3	Mon	1:48	6.5	2:37	5.0	8:12	0.1	8:01	1.4	6:37	6:05	
4	Tue	2:27	6.6	3:53	4.5	9:12	0.0	8:47	2.1	6:35	6:06	
5	Wed	3:12	6.6	5:27	4.2	10:22	0.0	9:45	2.7	6:34	6:07	
6	Thu	4:07	6.4	7:10	4.3	11:40	0.0	11:10	3.1	6:32	6:08	
7	Fri	5:14	6.2	8:29	4.6			1:00	-0.1	6:31	6:09	
8	Sat	6:29	6.1	9:22	4.9	12:46	3.2	2:08	-0.3	6:29	6:10	
9	Sun	8:41	6.1	11:04	5.2	3:04	2.9	4:04	-0.4	7:28	7:11	
10	Mon	9:43	6.1	11:40	5.4	4:03	2.5	4:49	-0.4	7:26	7:12	
11	Tue	10:37	6.0			4:52	2.1	5:27	-0.3	7:25	7:13	
12	Wed	12:11	5.5	11:24 AM	5.9	5:35	1.7	5:59	-0.1	7:23	7:14	
13	Thu	12:39	5.5	12:07	5.7	6:14	1.4	6:29	0.2	7:22	7:14	
14	Fri	1:03	5.6	12:49	5.5	6:50	1.1	6:57	0.5	7:20	7:15	
15	Sat	1:25	5.7	1:30	5.2	7:25	0.9	7:23	1.0	7:19	7:16	
16	Sun	1:46	5.7	2:12	4.9	8:00	0.7	7:50	1.4	7:17	7:17	
17	Mon	2:07	5.8	2:58	4.6	8:35	0.6	8:17	1.9	7:16	7:18	
18	Tue	2:32	5.8	3:50	4.2	9:14	0.5	8:45	2.4	7:14	7:19	
19	Wed	3:00	5.7	4:56	4.0	9:59	0.5	9:16	2.8	7:13	7:20	
20	Thu	3:36	5.6	6:28	3.8	10:54	0.5	9:59	3.2	7:11	7:21	
21	Fri	4:23	5.5	8:21	4.0			12:01	0.5	7:10	7:22	
22	Sat	5:26	5.4	9:25	4.2			1:15	0.4	7:08	7:23	
23	Sun	6:40	5.4	10:00	4.5	1:14	3.4	2:20	0.1	7:07	7:24	
24	Mon	7:53	5.5	10:28	4.7	2:29	3.1	3:14	-0.2	7:05	7:25	
25	Tue	8:59	5.7	10:56	5.0	3:23	2.6	3:59	-0.4	7:04	7:26	
26	Wed	9:58	5.9	11:23	5.4	4:09	2.0	4:39	-0.4	7:02	7:27	
27	Thu	10:54	6.0	11:51	5.8	4:54	1.4	5:17	-0.3	7:01	7:27	
28	Fri	11:49	6.0			5:39	0.7	5:55	0.0	6:59	7:28	
29	Sat	12:21	6.2	12:45	5.9	6:25	0.0	6:33	0.5	6:58	7:29	
30	Sun	12:53	6.5	1:42	5.6	7:12	-0.5	7:12	1.1	6:56	7:30	
31	Mon	1:27	6.8	2:43	5.3	8:02	-0.8	7:53	1.7	6:55	7:31	