





Oakland - Middle Harbor, CA - Jul 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	4:29	4.8	6:09	5.6	11:04	0.6			5:51	8:35	
2	Wed	5:40	4.1	6:46	5.8	12:28	2.0	11:48 AM	1.2	5:51	8:35	
3	Thu	7:09	3.8	7:23	5.9	1:34	1.6	12:35	1.8	5:52	8:35	
4	Fri	8:50	3.7	8:00	6.1	2:33	1.1	1:27	2.4	5:52	8:34	
5	Sat	10:17	4.0	8:38	6.2	3:24	0.7	2:22	2.8	5:53	8:34	
6	Sun	11:20	4.3	9:17	6.4	4:09	0.3	3:15	3.1	5:54	8:34	
7	Mon			12:08	4.5	4:49	0.0	4:04	3.3	5:54	8:34	
8	Tue			12:48	4.7	5:27	-0.3	4:49	3.3	5:55	8:33	
9	Wed			1:23	4.8	6:04	-0.5	5:30	3.3	5:55	8:33	
10	Thu			1:56	4.9	6:39	-0.7	6:10	3.2	5:56	8:33	
11	Fri	12:01	6.8	2:28	5.0	7:14	-0.9	6:51	3.1	5:57	8:32	
12	Sat	12:42	6.7	3:00	5.1	7:49	-0.9	7:35	2.9	5:57	8:32	
13	Sun	1:24	6.5	3:32	5.3	8:25	-0.8	8:24	2.7	5:58	8:31	
14	Mon	2:10	6.2	4:05	5.5	9:01	-0.6	9:20	2.4	5:59	8:31	
15	Tue	3:01	5.7	4:39	5.8	9:39	-0.1	10:23	2.1	5:59	8:30	
16	Wed	4:02	5.1	5:16	6.1	10:20	0.5	11:33	1.6	6:00	8:30	
17	Thu	5:18	4.5	5:57	6.4	11:05	1.2			6:01	8:29	
18	Fri	6:53	4.1	6:42	6.7	12:46	1.1	11:57 AM	1.9	6:02	8:29	
19	Sat	8:38	4.1	7:33	7.0	1:57	0.5	12:58	2.5	6:02	8:28	
20	Sun	10:07	4.4	8:28	7.2	3:01	-0.1	2:06	2.9	6:03	8:27	
21	Mon	11:13	4.8	9:23	7.4	3:59	-0.6	3:14	3.1	6:04	8:27	
22	Tue			12:05	5.1	4:52	-0.9	4:17	3.1	6:05	8:26	
23	Wed			12:50	5.3	5:41	-1.1	5:14	3.0	6:05	8:25	
24	Thu			1:32	5.4	6:26	-1.1	6:07	2.8	6:06	8:25	
25	Fri	12:01	7.2	2:10	5.5	7:08	-1.0	6:59	2.6	6:07	8:24	
26	Sat	12:49	6.9	2:46	5.6	7:48	-0.8	7:49	2.4	6:08	8:23	
27	Sun	1:35	6.5	3:20	5.6	8:25	-0.4	8:40	2.3	6:09	8:22	
28	Mon	2:21	5.9	3:53	5.7	9:00	0.1	9:33	2.1	6:10	8:21	
29	Tue	3:10	5.3	4:24	5.7	9:34	0.7	10:30	1.9	6:10	8:20	
30	Wed	4:05	4.7	4:57	5.8	10:10	1.3	11:32	1.7	6:11	8:19	
31	Thu	5:13	4.1	5:32	5.9	10:48	2.0			6:12	8:18	