

Oakland - Middle Harbor, CA - Mar 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	9:49	6.6	11:26	5.6	3:57	2.1	4:40	-0.7	6:40	6:03	
2	Mon	10:40	6.5	11:58	5.8	4:45	1.7	5:17	-0.5	6:38	6:04	
3	Tue	11:28	6.2			5:30	1.3	5:51	-0.2	6:37	6:05	
4	Wed	12:27	5.9	12:15	5.8	6:14	1.0	6:24	0.3	6:35	6:06	
5	Thu	12:55	6.0	1:02	5.4	6:56	0.8	6:56	0.8	6:34	6:06	
6	Fri	1:22	6.0	1:51	4.9	7:38	0.6	7:27	1.4	6:33	6:07	
7	Sat	1:49	6.0	2:45	4.5	8:22	0.6	8:00	2.0	6:31	6:08	
8	Sun	3:18	5.9	4:50	4.1	10:10	0.6	9:35	2.6	7:30	7:09	
9	Mon	3:52	5.7	6:20	3.9	11:06	0.7	10:20	3.0	7:28	7:10	
10	Tue	4:35	5.6	8:18	3.9			12:13	0.7	7:27	7:11	
11	Wed	5:33	5.4	9:35	4.2			1:27	0.7	7:25	7:12	
12	Thu	6:42	5.3	10:15	4.4	1:23	3.4	2:33	0.5	7:24	7:13	
13	Fri	7:52	5.4	10:44	4.6	2:36	3.2	3:25	0.2	7:22	7:14	
14	Sat	8:54	5.6	11:09	4.8	3:29	2.9	4:07	0.0	7:21	7:15	
15	Sun	9:47	5.8	11:33	5.0	4:11	2.5	4:43	-0.2	7:19	7:16	
16	Mon	10:36	5.9	11:56	5.3	4:49	2.0	5:16	-0.2	7:18	7:17	
17	Tue	11:23	5.9			5:26	1.5	5:48	-0.1	7:16	7:18	
18	Wed	12:21	5.6	12:11	5.9	6:05	1.0	6:19	0.2	7:15	7:19	
19	Thu	12:47	5.9	1:01	5.7	6:45	0.5	6:52	0.6	7:13	7:20	
20	Fri	1:15	6.2	1:53	5.4	7:28	0.1	7:27	1.1	7:12	7:21	
21	Sat	1:46	6.5	2:51	5.1	8:14	-0.3	8:04	1.6	7:10	7:22	
22	Sun	2:21	6.6	3:56	4.7	9:05	-0.4	8:46	2.2	7:09	7:23	
23	Mon	3:01	6.6	5:14	4.4	10:03	-0.5	9:36	2.7	7:07	7:24	
24	Tue	3:51	6.4	6:44	4.3	11:11	-0.4	10:46	3.1	7:06	7:25	
25	Wed	4:53	6.2	8:11	4.5			12:29	-0.3	7:04	7:25	
26	Thu	6:09	5.9	9:14	4.8	12:23	3.2	1:46	-0.3	7:02	7:26	
27	Fri	7:30	5.8	10:00	5.1	1:56	2.9	2:52	-0.4	7:01	7:27	
28	Sat	8:44	5.8	10:39	5.4	3:07	2.4	3:45	-0.3	6:59	7:28	
29	Sun	9:49	5.7	11:13	5.6	4:04	1.8	4:29	-0.2	6:58	7:29	
30	Mon	10:46	5.7	11:44	5.8	4:53	1.3	5:08	0.0	6:56	7:30	
31	Tue	11:39	5.5			5:37	0.8	5:42	0.4	6:55	7:31	