

Oakland - Middle Harbor, CA - May 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri			1:24	4.7	6:38	-0.4	6:14	2.2	6:12	7:59	
2	Sat	12:15	6.2	2:11	4.7	7:11	-0.6	6:48	2.6	6:11	8:00	
3	Sun	12:42	6.1	2:58	4.6	7:46	-0.6	7:24	2.8	6:10	8:01	
4	Mon	1:12	6.0	3:46	4.5	8:22	-0.5	8:01	3.0	6:09	8:02	
5	Tue	1:46	5.8	4:37	4.4	9:02	-0.4	8:44	3.2	6:08	8:03	
6	Wed	2:25	5.6	5:31	4.3	9:46	-0.3	9:37	3.3	6:07	8:04	
7	Thu	3:11	5.4	6:27	4.3	10:36	-0.1	10:51	3.2	6:06	8:05	
8	Fri	4:05	5.0	7:16	4.5	11:30	0.0			6:05	8:06	
9	Sat	5:09	4.7	7:55	4.7	12:16	3.1	12:25	0.1	6:04	8:07	
10	Sun	6:23	4.5	8:28	5.0	1:29	2.7	1:17	0.3	6:03	8:08	
11	Mon	7:41	4.4	8:59	5.4	2:26	2.1	2:06	0.5	6:02	8:08	
12	Tue	8:57	4.4	9:29	5.8	3:14	1.4	2:51	0.8	6:01	8:09	
13	Wed	10:07	4.5	10:00	6.2	3:58	0.6	3:34	1.2	6:00	8:10	
14	Thu	11:12	4.7	10:34	6.7	4:41	-0.2	4:17	1.6	5:59	8:11	
15	Fri			12:14	4.9	5:25	-0.9	5:02	2.0	5:58	8:12	
16	Sat			1:13	5.0	6:11	-1.4	5:48	2.4	5:58	8:13	
17	Sun			2:11	5.1	6:59	-1.7	6:37	2.7	5:57	8:14	
18	Mon	12:38	7.3	3:08	5.1	7:49	-1.8	7:30	2.8	5:56	8:15	
19	Tue	1:28	7.1	4:05	5.1	8:42	-1.7	8:30	2.9	5:55	8:15	
20	Wed	2:22	6.8	5:03	5.1	9:38	-1.4	9:40	2.9	5:55	8:16	
21	Thu	3:21	6.3	5:59	5.2	10:35	-1.0	11:02	2.7	5:54	8:17	
22	Fri	4:27	5.6	6:53	5.3	11:34	-0.6			5:53	8:18	
23	Sat	5:41	5.0	7:42	5.6	12:27	2.4	12:32	-0.1	5:53	8:19	
24	Sun	7:02	4.5	8:25	5.8	1:43	1.8	1:26	0.4	5:52	8:19	
25	Mon	8:26	4.2	9:03	6.1	2:48	1.2	2:17	0.9	5:51	8:20	
26	Tue	9:44	4.2	9:37	6.2	3:42	0.6	3:03	1.4	5:51	8:21	
27	Wed	10:52	4.3	10:09	6.3	4:28	0.1	3:47	1.9	5:50	8:22	
28	Thu	11:51	4.4	10:39	6.4	5:09	-0.2	4:29	2.3	5:50	8:22	
29	Fri			12:44	4.6	5:46	-0.5	5:09	2.7	5:49	8:23	
30	Sat			1:31	4.7	6:20	-0.6	5:48	2.9	5:49	8:24	
31	Sun			2:14	4.7	6:54	-0.7	6:26	3.1	5:49	8:25	