

Oakland - Middle Harbor, CA - Jul 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	12:31	6.4	3:02	4.9	7:44	-0.7	7:27	3.1	5:51	8:35	
2	Thu	1:09	6.3	3:32	5.0	8:17	-0.6	8:09	3.0	5:51	8:35	
3	Fri	1:47	6.0	4:02	5.1	8:49	-0.5	8:55	2.9	5:52	8:35	
4	Sat	2:29	5.6	4:33	5.3	9:23	-0.2	9:49	2.6	5:52	8:34	
5	Sun	3:16	5.2	5:05	5.5	9:59	0.1	10:51	2.3	5:53	8:34	
6	Mon	4:14	4.7	5:40	5.8	10:38	0.7	11:59	1.9	5:53	8:34	
7	Tue	5:30	4.2	6:17	6.1	11:22	1.3			5:54	8:34	
8	Wed	7:07	3.9	6:59	6.5	1:07	1.3	12:13	1.9	5:55	8:34	
9	Thu	8:50	3.9	7:46	6.8	2:12	0.6	1:12	2.5	5:55	8:33	
10	Fri	10:16	4.3	8:38	7.2	3:11	-0.1	2:16	2.9	5:56	8:33	
11	Sat	11:22	4.6	9:32	7.5	4:06	-0.7	3:20	3.0	5:56	8:32	
12	Sun			12:15	5.0	4:58	-1.2	4:21	3.1	5:57	8:32	
13	Mon			1:02	5.2	5:49	-1.5	5:20	2.9	5:58	8:32	
14	Tue			1:45	5.4	6:37	-1.6	6:17	2.7	5:58	8:31	
15	Wed	12:16	7.6	2:26	5.6	7:23	-1.5	7:14	2.5	5:59	8:31	
16	Thu	1:09	7.2	3:06	5.7	8:07	-1.2	8:12	2.3	6:00	8:30	
17	Fri	2:02	6.7	3:46	5.9	8:50	-0.8	9:13	2.1	6:01	8:30	
18	Sat	2:56	6.0	4:25	6.0	9:31	-0.2	10:17	1.8	6:01	8:29	
19	Sun	3:55	5.2	5:05	6.1	10:13	0.6	11:26	1.6	6:02	8:28	
20	Mon	5:04	4.5	5:45	6.2	10:56	1.3			6:03	8:28	
21	Tue	6:31	4.0	6:28	6.2	12:36	1.3	11:45 AM	2.0	6:04	8:27	
22	Wed	8:16	3.9	7:13	6.2	1:44	1.0	12:44	2.6	6:04	8:26	
23	Thu	9:50	4.2	8:01	6.3	2:45	0.6	1:51	3.0	6:05	8:26	
24	Fri	10:55	4.5	8:48	6.3	3:39	0.3	2:55	3.3	6:06	8:25	
25	Sat	11:43	4.7	9:35	6.4	4:25	0.1	3:50	3.3	6:07	8:24	
26	Sun			12:21	4.9	5:06	-0.1	4:36	3.3	6:08	8:23	
27	Mon			12:53	5.0	5:43	-0.3	5:17	3.1	6:09	8:22	
28	Tue			1:22	5.0	6:16	-0.4	5:54	3.0	6:09	8:21	
29	Wed			1:48	5.1	6:47	-0.4	6:31	2.8	6:10	8:21	
30	Thu	12:18	6.5	2:14	5.2	7:16	-0.4	7:08	2.6	6:11	8:20	
31	Fri	12:56	6.3	2:40	5.4	7:46	-0.3	7:48	2.4	6:12	8:19	