


































Oakland - Middle Harbor, CA - Mar 2030

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Fri | 9:20 | 6.4 | 10:51 | 5.6 | 3:26 | 2.0 | 4:06 | -0.4 | 6:40 | 6:03 |  |
| 2 | Sat | 10:12 | 6.3 | 11:24 | 5.8 | 4:15 | 1.6 | 4:44 | -0.3 | 6:38 | 6:04 |  |
| 3 | Sun | 11:01 | 6.2 | 11:55 | 5.9 | 5:00 | 1.3 | 5:20 | -0.1 | 6:37 | 6:05 |  |
| 4 | Mon | 11:46 | 5.9 | | | 5:42 | 1.0 | 5:54 | 0.3 | 6:35 | 6:06 |  |
| 5 | Tue | 12:24 | 5.9 | 12:31 | 5.6 | 6:22 | 0.8 | 6:27 | 0.7 | 6:34 | 6:07 |  |
| 6 | Wed | 12:52 | 6.0 | 1:15 | 5.2 | 7:01 | 0.7 | 6:59 | 1.1 | 6:32 | 6:07 |  |
| 7 | Thu | 1:19 | 5.9 | 2:01 | 4.8 | 7:41 | 0.7 | 7:32 | 1.6 | 6:31 | 6:08 |  |
| 8 | Fri | 1:48 | 5.9 | 2:52 | 4.4 | 8:23 | 0.7 | 8:07 | 2.0 | 6:30 | 6:09 |  |
| 9 | Sat | 2:20 | 5.8 | 3:53 | 4.1 | 9:10 | 0.7 | 8:47 | 2.5 | 6:28 | 6:10 |  |
| 10 | Sun | 3:58 | 5.6 | 6:12 | 3.9 | 11:06 | 0.8 | 10:39 | 2.8 | 7:27 | 7:11 |  |
| 11 | Mon | 4:46 | 5.5 | 7:46 | 3.9 | | | 12:13 | 0.8 | 7:25 | 7:12 |  |
| 12 | Tue | 5:46 | 5.4 | 8:59 | 4.1 | | | 1:23 | 0.7 | 7:24 | 7:13 |  |
| 13 | Wed | 6:54 | 5.3 | 9:45 | 4.4 | 1:23 | 3.0 | 2:25 | 0.5 | 7:22 | 7:14 |  |
| 14 | Thu | 8:00 | 5.4 | 10:19 | 4.7 | 2:31 | 2.8 | 3:15 | 0.3 | 7:21 | 7:15 |  |
| 15 | Fri | 9:00 | 5.6 | 10:49 | 4.9 | 3:23 | 2.5 | 3:58 | 0.1 | 7:19 | 7:16 |  |
| 16 | Sat | 9:55 | 5.8 | 11:17 | 5.3 | 4:08 | 2.0 | 4:35 | 0.0 | 7:18 | 7:17 |  |
| 17 | Sun | 10:46 | 5.9 | 11:46 | 5.6 | 4:49 | 1.5 | 5:11 | 0.0 | 7:16 | 7:18 |  |
| 18 | Mon | 11:36 | 6.0 | | | 5:30 | 1.0 | 5:46 | 0.2 | 7:15 | 7:19 |  |
| 19 | Tue | 12:16 | 5.9 | 12:27 | 5.9 | 6:12 | 0.5 | 6:23 | 0.4 | 7:13 | 7:20 |  |
| 20 | Wed | 12:48 | 6.3 | 1:19 | 5.7 | 6:55 | 0.0 | 7:00 | 0.8 | 7:12 | 7:21 |  |
| 21 | Thu | 1:22 | 6.5 | 2:14 | 5.5 | 7:42 | -0.4 | 7:40 | 1.2 | 7:10 | 7:22 |  |
| 22 | Fri | 2:00 | 6.7 | 3:13 | 5.1 | 8:32 | -0.5 | 8:24 | 1.7 | 7:09 | 7:23 |  |
| 23 | Sat | 2:42 | 6.7 | 4:18 | 4.8 | 9:27 | -0.6 | 9:13 | 2.1 | 7:07 | 7:24 |  |
| 24 | Sun | 3:31 | 6.6 | 5:33 | 4.6 | 10:28 | -0.4 | 10:15 | 2.5 | 7:05 | 7:25 |  |
| 25 | Mon | 4:28 | 6.3 | 6:55 | 4.5 | 11:38 | -0.3 | 11:37 | 2.7 | 7:04 | 7:25 |  |
| 26 | Tue | 5:36 | 6.0 | 8:10 | 4.7 | | | 12:53 | -0.2 | 7:02 | 7:26 |  |
| 27 | Wed | 6:52 | 5.7 | 9:10 | 5.0 | 1:09 | 2.6 | 2:03 | -0.1 | 7:01 | 7:27 |  |
| 28 | Thu | 8:08 | 5.6 | 9:57 | 5.3 | 2:28 | 2.3 | 3:02 | -0.1 | 6:59 | 7:28 |  |
| 29 | Fri | 9:16 | 5.6 | 10:36 | 5.6 | 3:30 | 1.8 | 3:52 | 0.0 | 6:58 | 7:29 |  |
| 30 | Sat | 10:16 | 5.5 | 11:11 | 5.8 | 4:23 | 1.3 | 4:34 | 0.2 | 6:56 | 7:30 |  |
| 31 | Sun | 11:10 | 5.5 | 11:42 | 5.9 | 5:08 | 0.9 | 5:12 | 0.5 | 6:55 | 7:31 |  |