


## Oakland - Middle Harbor, CA - Jul 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	2:59	5.5	4:46	5.5	9:41	0.1	10:28	2.4	5:51	8:35	
2	Sat	3:47	4.9	5:25	5.5	10:21	0.5	11:32	2.2	5:51	8:35	
3	Sun	4:44	4.4	6:05	5.6	11:05	1.0			5:52	8:35	
4	Mon	5:54	4.0	6:47	5.7	12:38	2.0	11:52 AM	1.5	5:52	8:34	
5	Tue	7:18	3.8	7:29	5.9	1:41	1.6	12:45	1.9	5:53	8:34	
6	Wed	8:45	3.8	8:12	6.1	2:37	1.2	1:41	2.2	5:54	8:34	
7	Thu	9:57	4.0	8:54	6.3	3:25	0.8	2:35	2.5	5:54	8:34	
8	Fri	10:54	4.3	9:37	6.5	4:08	0.4	3:26	2.6	5:55	8:33	
9	Sat	11:40	4.6	10:19	6.7	4:47	0.0	4:12	2.7	5:55	8:33	
10	Sun			12:22	4.9	5:24	-0.4	4:57	2.7	5:56	8:33	
11	Mon			1:01	5.1	6:01	-0.7	5:41	2.6	5:57	8:32	
12	Tue			1:39	5.3	6:39	-0.9	6:27	2.5	5:57	8:32	
13	Wed	12:29	6.9	2:17	5.5	7:18	-0.9	7:15	2.3	5:58	8:31	
14	Thu	1:15	6.8	2:56	5.7	7:59	-0.8	8:07	2.1	5:59	8:31	
15	Fri	2:05	6.5	3:36	5.9	8:40	-0.6	9:03	2.0	5:59	8:30	
16	Sat	2:59	6.0	4:19	6.1	9:24	-0.2	10:07	1.7	6:00	8:30	
17	Sun	4:00	5.4	5:04	6.3	10:11	0.3	11:18	1.5	6:01	8:29	
18	Mon	5:12	4.9	5:54	6.5	11:03	0.9			6:02	8:29	
19	Tue	6:36	4.5	6:47	6.7	12:33	1.1	12:02	1.5	6:02	8:28	
20	Wed	8:07	4.4	7:42	6.9	1:46	0.7	1:07	2.0	6:03	8:27	
21	Thu	9:29	4.6	8:37	7.0	2:51	0.2	2:14	2.3	6:04	8:27	
22	Fri	10:35	4.9	9:30	7.1	3:48	-0.1	3:17	2.4	6:05	8:26	
23	Sat	11:30	5.1	10:20	7.1	4:39	-0.4	4:14	2.5	6:06	8:25	
24	Sun			12:17	5.4	5:24	-0.6	5:07	2.4	6:06	8:25	
25	Mon			12:59	5.5	6:05	-0.6	5:55	2.4	6:07	8:24	
26	Tue			1:37	5.6	6:43	-0.5	6:41	2.3	6:08	8:23	
27	Wed	12:34	6.6	2:13	5.6	7:19	-0.3	7:25	2.2	6:09	8:22	
28	Thu	1:14	6.3	2:46	5.6	7:54	-0.1	8:08	2.2	6:10	8:21	
29	Fri	1:55	5.9	3:18	5.6	8:28	0.2	8:53	2.1	6:10	8:20	
30	Sat	2:36	5.5	3:50	5.6	9:01	0.6	9:41	2.0	6:11	8:19	
31	Sun	3:21	5.0	4:23	5.7	9:37	1.0	10:34	2.0	6:12	8:18	