





























Oakland - Middle Harbor, CA - Aug 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	4:13	4.6	5:01	5.7	10:15	1.5	11:35	1.8	6:13	8:17	
2	Tue	5:18	4.2	5:43	5.8	10:59	2.0			6:14	8:16	
3	Wed	6:41	3.9	6:30	5.9	12:40	1.6	11:53 AM	2.4	6:15	8:15	
4	Thu	8:14	4.0	7:22	6.0	1:44	1.3	12:57	2.6	6:16	8:14	
5	Fri	9:30	4.2	8:14	6.3	2:40	0.9	2:02	2.8	6:16	8:13	
6	Sat	10:25	4.5	9:04	6.5	3:29	0.5	3:00	2.8	6:17	8:12	
7	Sun	11:09	4.8	9:53	6.7	4:13	0.1	3:50	2.7	6:18	8:11	
8	Mon	11:47	5.1	10:41	6.9	4:54	-0.2	4:38	2.5	6:19	8:10	
9	Tue			12:24	5.4	5:33	-0.5	5:24	2.2	6:20	8:09	
10	Wed			1:01	5.7	6:13	-0.6	6:11	1.9	6:21	8:08	
11	Thu	12:18	7.0	1:37	5.9	6:53	-0.6	6:59	1.6	6:22	8:06	
12	Fri	1:08	6.8	2:15	6.2	7:33	-0.4	7:51	1.4	6:22	8:05	
13	Sat	2:01	6.5	2:55	6.4	8:15	0.0	8:46	1.1	6:23	8:04	
14	Sun	2:57	6.0	3:38	6.6	8:59	0.5	9:46	1.0	6:24	8:03	
15	Mon	4:00	5.5	4:24	6.7	9:47	1.0	10:53	0.9	6:25	8:01	
16	Tue	5:13	5.0	5:17	6.7	10:42	1.6			6:26	8:00	
17	Wed	6:38	4.7	6:15	6.7	12:08	0.7	11:47 AM	2.1	6:27	7:59	
18	Thu	8:06	4.7	7:17	6.7	1:23	0.5	1:01	2.4	6:28	7:58	
19	Fri	9:21	4.9	8:19	6.7	2:32	0.3	2:14	2.5	6:28	7:56	
20	Sat	10:21	5.2	9:17	6.7	3:31	0.1	3:18	2.5	6:29	7:55	
21	Sun	11:09	5.4	10:10	6.7	4:21	0.0	4:13	2.3	6:30	7:54	
22	Mon	11:50	5.6	10:58	6.6	5:04	-0.1	5:01	2.2	6:31	7:52	
23	Tue			12:27	5.7	5:43	0.0	5:45	2.0	6:32	7:51	
24	Wed			12:59	5.7	6:17	0.1	6:25	1.8	6:33	7:49	
25	Thu	12:22	6.3	1:29	5.7	6:50	0.3	7:03	1.7	6:34	7:48	
26	Fri	1:02	6.0	1:57	5.7	7:21	0.6	7:40	1.6	6:34	7:47	
27	Sat	1:41	5.7	2:24	5.8	7:52	0.9	8:18	1.5	6:35	7:45	
28	Sun	2:21	5.4	2:53	5.8	8:23	1.2	8:58	1.5	6:36	7:44	
29	Mon	3:05	5.0	3:24	5.8	8:56	1.6	9:43	1.4	6:37	7:42	
30	Tue	3:55	4.7	4:00	5.8	9:32	2.0	10:35	1.4	6:38	7:41	
31	Wed	4:57	4.4	4:44	5.7	10:15	2.4	11:36	1.3	6:39	7:39	