

































Oakland - Middle Harbor, CA - Jan 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	8:22	7.1	10:10	5.0	1:59	2.0	3:24	-0.5	7:24	5:01	
2	Mon	9:11	7.3	11:05	5.3	2:57	2.2	4:12	-0.8	7:24	5:02	
3	Tue	9:59	7.4	11:54	5.5	3:52	2.3	4:57	-1.1	7:25	5:03	
4	Wed	10:45	7.3			4:44	2.3	5:41	-1.1	7:25	5:03	
5	Thu	12:39	5.7	11:31 AM	7.1	5:35	2.3	6:23	-1.0	7:25	5:04	
6	Fri	1:22	5.7	12:15	6.7	6:25	2.3	7:03	-0.8	7:25	5:05	
7	Sat	2:04	5.7	1:00	6.3	7:16	2.3	7:43	-0.4	7:24	5:06	
8	Sun	2:44	5.7	1:45	5.7	8:08	2.3	8:23	0.0	7:24	5:07	
9	Mon	3:24	5.7	2:33	5.2	9:05	2.3	9:04	0.5	7:24	5:08	
10	Tue	4:05	5.6	3:29	4.6	10:07	2.2	9:47	1.0	7:24	5:09	
11	Wed	4:46	5.6	4:38	4.1	11:15	2.0	10:36	1.5	7:24	5:10	
12	Thu	5:30	5.7	6:04	3.9			12:23	1.7	7:24	5:11	
13	Fri	6:15	5.8	7:37	3.9			1:24	1.3	7:23	5:12	
14	Sat	7:00	6.0	8:53	4.1	12:33	2.3	2:16	0.9	7:23	5:13	
15	Sun	7:45	6.1	9:48	4.4	1:32	2.5	3:00	0.5	7:23	5:14	
16	Mon	8:28	6.3	10:32	4.7	2:25	2.7	3:39	0.1	7:22	5:15	
17	Tue	9:10	6.5	11:11	4.9	3:11	2.7	4:15	-0.2	7:22	5:16	
18	Wed	9:51	6.7	11:46	5.1	3:53	2.7	4:50	-0.5	7:22	5:17	
19	Thu	10:32	6.8			4:34	2.6	5:25	-0.7	7:21	5:18	
20	Fri	12:21	5.3	11:13 AM	6.8	5:14	2.4	6:01	-0.8	7:21	5:19	
21	Sat	12:56	5.5	11:56 AM	6.7	5:57	2.3	6:37	-0.8	7:20	5:20	
22	Sun	1:32	5.6	12:41	6.5	6:42	2.1	7:16	-0.6	7:20	5:21	
23	Mon	2:09	5.8	1:30	6.1	7:32	1.9	7:57	-0.3	7:19	5:23	
24	Tue	2:48	6.0	2:26	5.6	8:28	1.7	8:40	0.2	7:18	5:24	
25	Wed	3:31	6.1	3:31	5.0	9:32	1.5	9:29	0.8	7:18	5:25	
26	Thu	4:19	6.3	4:51	4.5	10:45	1.2	10:25	1.4	7:17	5:26	
27	Fri	5:11	6.4	6:24	4.3			12:03	0.9	7:16	5:27	
28	Sat	6:08	6.6	7:55	4.4			1:15	0.4	7:16	5:28	
29	Sun	7:07	6.7	9:07	4.7	12:42	2.2	2:18	0.0	7:15	5:29	
30	Mon	8:04	6.9	10:05	5.1	1:52	2.4	3:13	-0.4	7:14	5:30	
31	Tue	8:58	7.0	10:53	5.4	2:54	2.4	4:01	-0.6	7:13	5:31	