













Oakland - Middle Harbor, CA - Jul 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	9:43	4.4	9:07	6.9	3:14	0.4	2:39	1.9	5:51	8:35	
2	Mon	10:50	4.7	9:55	7.2	4:05	-0.3	3:35	2.1	5:51	8:35	
3	Tue	11:49	5.0	10:43	7.5	4:55	-0.8	4:30	2.2	5:52	8:35	
4	Wed			12:42	5.3	5:43	-1.2	5:25	2.3	5:52	8:35	
5	Thu			1:32	5.6	6:31	-1.4	6:20	2.3	5:53	8:34	
6	Fri	12:24	7.5	2:20	5.7	7:19	-1.5	7:16	2.3	5:53	8:34	
7	Sat	1:15	7.3	3:07	5.9	8:06	-1.3	8:14	2.2	5:54	8:34	
8	Sun	2:08	6.8	3:54	6.0	8:54	-1.0	9:16	2.1	5:54	8:34	
9	Mon	3:03	6.2	4:42	6.0	9:42	-0.5	10:23	2.0	5:55	8:33	
10	Tue	4:02	5.6	5:30	6.1	10:31	0.1	11:35	1.8	5:56	8:33	
11	Wed	5:08	4.9	6:19	6.1	11:23	0.7			5:56	8:33	
12	Thu	6:26	4.4	7:08	6.2	12:48	1.6	12:19	1.3	5:57	8:32	
13	Fri	7:53	4.2	7:55	6.3	1:56	1.2	1:17	1.8	5:58	8:32	
14	Sat	9:17	4.2	8:40	6.3	2:56	0.9	2:15	2.2	5:58	8:31	
15	Sun	10:25	4.4	9:22	6.4	3:47	0.5	3:10	2.4	5:59	8:31	
16	Mon	11:19	4.7	10:01	6.5	4:31	0.2	3:59	2.6	6:00	8:30	
17	Tue			12:04	4.8	5:10	0.0	4:44	2.7	6:01	8:30	
18	Wed			12:43	5.0	5:45	-0.1	5:24	2.7	6:01	8:29	
19	Thu			1:17	5.0	6:19	-0.2	6:02	2.7	6:02	8:28	
20	Fri			1:50	5.1	6:50	-0.3	6:39	2.7	6:03	8:28	
21	Sat	12:29	6.4	2:21	5.2	7:22	-0.3	7:16	2.6	6:04	8:27	
22	Sun	1:06	6.3	2:52	5.3	7:53	-0.3	7:55	2.6	6:04	8:26	
23	Mon	1:45	6.0	3:24	5.4	8:26	-0.1	8:38	2.4	6:05	8:26	
24	Tue	2:26	5.7	3:59	5.6	9:01	0.1	9:27	2.3	6:06	8:25	
25	Wed	3:13	5.4	4:36	5.7	9:40	0.4	10:24	2.1	6:07	8:24	
26	Thu	4:09	4.9	5:17	5.9	10:23	0.9	11:29	1.8	6:08	8:23	
27	Fri	5:20	4.5	6:02	6.2	11:12	1.3			6:08	8:22	
28	Sat	6:47	4.3	6:52	6.4	12:40	1.4	12:10	1.8	6:09	8:22	
29	Sun	8:19	4.3	7:46	6.7	1:48	0.9	1:14	2.2	6:10	8:21	
30	Mon	9:38	4.6	8:41	7.0	2:51	0.3	2:20	2.4	6:11	8:20	
31	Tue	10:42	4.9	9:35	7.3	3:47	-0.2	3:22	2.4	6:12	8:19	