



































Oakland - Middle Harbor, CA - Jan 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	7:15	6.8	9:09	4.4	12:38	2.0	2:29	0.1	7:24	5:01	
2	Thu	8:01	7.0	10:19	4.7	1:38	2.5	3:22	-0.5	7:24	5:02	
3	Fri	8:47	7.1	11:15	5.0	2:37	2.8	4:09	-0.8	7:24	5:03	
4	Sat	9:32	7.2			3:32	3.0	4:52	-1.0	7:25	5:03	
5	Sun	12:03	5.2	10:16 AM	7.1	4:24	3.1	5:34	-1.0	7:25	5:04	
6	Mon	12:47	5.3	10:58 AM	6.9	5:13	3.1	6:13	-0.9	7:25	5:05	
7	Tue	1:27	5.3	11:40 AM	6.7	5:59	3.0	6:50	-0.8	7:24	5:06	
8	Wed	2:04	5.3	12:19	6.4	6:44	3.0	7:26	-0.6	7:24	5:07	
9	Thu	2:39	5.2	12:59	6.0	7:29	2.9	8:00	-0.3	7:24	5:08	
10	Fri	3:11	5.2	1:40	5.5	8:18	2.8	8:34	0.1	7:24	5:09	
11	Sat	3:43	5.2	2:26	5.0	9:12	2.6	9:09	0.6	7:24	5:10	
12	Sun	4:14	5.3	3:20	4.4	10:15	2.4	9:44	1.1	7:24	5:11	
13	Mon	4:47	5.5	4:33	3.9	11:22	2.1	10:24	1.7	7:23	5:12	
14	Tue	5:23	5.6	6:14	3.6			12:29	1.6	7:23	5:13	
15	Wed	6:03	5.8	8:05	3.7			1:27	1.1	7:23	5:14	
16	Thu	6:46	6.1	9:28	4.1	12:12	2.8	2:18	0.6	7:22	5:15	
17	Fri	7:31	6.3	10:24	4.5	1:16	3.1	3:03	0.1	7:22	5:16	
18	Sat	8:18	6.6	11:07	4.8	2:16	3.3	3:46	-0.4	7:22	5:17	
19	Sun	9:06	6.9	11:45	5.0	3:09	3.3	4:28	-0.9	7:21	5:18	
20	Mon	9:53	7.1			3:57	3.2	5:09	-1.2	7:21	5:19	
21	Tue	12:21	5.2	10:41 AM	7.3	4:44	3.0	5:50	-1.4	7:20	5:20	
22	Wed	12:57	5.3	11:30 AM	7.3	5:32	2.7	6:32	-1.4	7:20	5:21	
23	Thu	1:33	5.5	12:19	7.1	6:22	2.4	7:12	-1.2	7:19	5:23	
24	Fri	2:09	5.7	1:11	6.6	7:16	2.1	7:53	-0.8	7:18	5:24	
25	Sat	2:46	5.9	2:08	5.9	8:16	1.8	8:35	-0.2	7:18	5:25	
26	Sun	3:25	6.1	3:14	5.2	9:22	1.5	9:18	0.6	7:17	5:26	
27	Mon	4:07	6.3	4:34	4.5	10:36	1.2	10:07	1.4	7:16	5:27	
28	Tue	4:52	6.5	6:15	4.1	11:54	0.8	11:04	2.2	7:16	5:28	
29	Wed	5:43	6.6	8:00	4.2			1:09	0.3	7:15	5:29	
30	Thu	6:39	6.7	9:22	4.6	12:15	2.7	2:15	-0.1	7:14	5:30	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Fri	7:36	6.7	10:20	4.9	1:30	3.1	3:11	-0.4	7:13	5:31	