
































Oakland - Middle Harbor, CA - Mar 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	2:41	5.7	3:57	3.9	9:30	1.0	8:46	2.5	6:40	6:02	
2	Mon	3:14	5.6	5:35	3.7	10:29	1.0	9:26	3.0	6:38	6:03	
3	Tue	3:58	5.6	7:49	3.9	11:39	0.9	10:42	3.3	6:37	6:04	
4	Wed	4:57	5.5	9:01	4.2			12:52	0.6	6:36	6:05	
5	Thu	6:06	5.5	9:37	4.4	12:31	3.4	1:54	0.3	6:34	6:06	
6	Fri	7:13	5.7	10:06	4.7	1:46	3.3	2:45	0.0	6:33	6:07	
7	Sat	8:12	6.0	10:32	4.9	2:38	3.0	3:27	-0.4	6:31	6:08	
8	Sun	10:05	6.2	11:58	5.1	4:21	2.6	5:05	-0.6	7:30	7:09	
9	Mon	10:55	6.4			5:02	2.1	5:41	-0.6	7:28	7:10	
10	Tue	12:24	5.4	11:44 AM	6.4	5:44	1.6	6:15	-0.5	7:27	7:11	
11	Wed	12:52	5.7	12:35	6.3	6:27	1.1	6:50	-0.2	7:25	7:12	
12	Thu	1:21	6.0	1:27	6.0	7:13	0.5	7:26	0.3	7:24	7:13	
13	Fri	1:52	6.3	2:23	5.5	8:01	0.1	8:03	0.9	7:22	7:14	
14	Sat	2:25	6.6	3:26	5.0	8:53	-0.2	8:43	1.6	7:21	7:15	
15	Sun	3:03	6.7	4:39	4.6	9:51	-0.3	9:28	2.2	7:19	7:16	
16	Mon	3:47	6.6	6:09	4.3	10:57	-0.3	10:26	2.8	7:18	7:17	
17	Tue	4:42	6.4	7:48	4.4			12:13	-0.2	7:16	7:18	
18	Wed	5:50	6.1	9:07	4.6			1:33	-0.2	7:15	7:19	
19	Thu	7:08	5.9	10:02	5.0	1:30	3.1	2:45	-0.3	7:13	7:20	
20	Fri	8:23	5.9	10:44	5.2	2:50	2.8	3:43	-0.3	7:12	7:21	
21	Sat	9:29	5.9	11:20	5.4	3:51	2.4	4:30	-0.3	7:10	7:22	
22	Sun	10:25	5.8	11:51	5.5	4:41	1.9	5:09	-0.2	7:09	7:23	
23	Mon	11:15	5.7			5:24	1.5	5:43	0.0	7:07	7:23	
24	Tue	12:19	5.6	12:01	5.6	6:04	1.1	6:13	0.3	7:06	7:24	
25	Wed	12:44	5.7	12:45	5.3	6:41	0.8	6:42	0.7	7:04	7:25	
26	Thu	1:06	5.8	1:28	5.1	7:16	0.6	7:10	1.2	7:03	7:26	
27	Fri	1:28	5.8	2:12	4.8	7:50	0.4	7:37	1.6	7:01	7:27	
28	Sat	1:50	5.8	2:58	4.5	8:25	0.3	8:06	2.1	7:00	7:28	
29	Sun	2:14	5.8	3:51	4.3	9:03	0.2	8:35	2.5	6:58	7:29	
30	Mon	2:43	5.7	4:55	4.0	9:46	0.3	9:09	2.9	6:57	7:30	
31	Tue	3:18	5.6	6:21	3.9	10:38	0.4	9:55	3.2	6:55	7:31	