














## Oakland - Middle Harbor, CA - Jul 2045

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	12:57	6.3	3:22	5.0	8:07	-0.6	8:01	3.0	5:51	8:35	
2	Sun	1:35	6.0	3:52	5.0	8:40	-0.4	8:45	2.9	5:51	8:35	
3	Mon	2:14	5.7	4:21	5.1	9:12	-0.2	9:35	2.7	5:52	8:35	
4	Tue	2:56	5.2	4:50	5.3	9:45	0.2	10:31	2.5	5:53	8:34	
5	Wed	3:44	4.7	5:22	5.4	10:19	0.7	11:34	2.3	5:53	8:34	
6	Thu	4:44	4.2	5:55	5.7	10:56	1.2			5:54	8:34	
7	Fri	6:05	3.8	6:32	5.9	12:39	1.9	11:38 AM	1.8	5:54	8:34	
8	Sat	7:47	3.7	7:13	6.2	1:41	1.3	12:29	2.3	5:55	8:33	
9	Sun	9:26	3.8	7:58	6.5	2:37	0.7	1:28	2.7	5:55	8:33	
10	Mon	10:42	4.2	8:47	6.8	3:29	0.1	2:30	3.0	5:56	8:33	
11	Tue	11:37	4.6	9:38	7.2	4:17	-0.4	3:30	3.2	5:57	8:32	
12	Wed			12:24	4.9	5:05	-0.9	4:26	3.1	5:57	8:32	
13	Thu			1:06	5.1	5:51	-1.3	5:21	3.0	5:58	8:31	
14	Fri			1:46	5.3	6:37	-1.5	6:15	2.8	5:59	8:31	
15	Sat	12:15	7.5	2:25	5.5	7:22	-1.5	7:11	2.5	6:00	8:30	
16	Sun	1:09	7.3	3:04	5.7	8:06	-1.3	8:10	2.2	6:00	8:30	
17	Mon	2:04	6.8	3:43	6.0	8:48	-0.9	9:12	1.9	6:01	8:29	
18	Tue	3:02	6.1	4:24	6.2	9:31	-0.2	10:20	1.6	6:02	8:29	
19	Wed	4:06	5.3	5:06	6.4	10:15	0.5	11:32	1.2	6:03	8:28	
20	Thu	5:22	4.6	5:51	6.6	11:03	1.3			6:03	8:27	
21	Fri	6:55	4.2	6:39	6.7	12:47	0.9	11:57 AM	2.0	6:04	8:27	
22	Sat	8:37	4.1	7:31	6.7	1:58	0.5	1:02	2.6	6:05	8:26	
23	Sun	10:04	4.4	8:23	6.7	3:02	0.2	2:12	3.0	6:06	8:25	
24	Mon	11:06	4.8	9:15	6.7	3:57	-0.1	3:17	3.2	6:06	8:24	
25	Tue	11:55	5.0	10:03	6.7	4:45	-0.3	4:13	3.2	6:07	8:24	
26	Wed			12:35	5.1	5:27	-0.4	5:01	3.1	6:08	8:23	
27	Thu			1:10	5.1	6:04	-0.4	5:44	3.0	6:09	8:22	
28	Fri			1:40	5.2	6:37	-0.4	6:22	2.8	6:10	8:21	
29	Sat	12:06	6.5	2:07	5.2	7:08	-0.3	6:59	2.7	6:11	8:20	
30	Sun	12:43	6.3	2:31	5.2	7:36	-0.2	7:36	2.5	6:11	8:19	
31	Mon	1:19	6.0	2:55	5.4	8:04	0.0	8:15	2.4	6:12	8:18	