




























Oakland - Middle Harbor, CA - Sep 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	3:27	4.7	3:16	6.1	8:49	2.1	9:56	1.0	6:40	7:38	
2	Sat	4:33	4.3	3:53	6.2	9:24	2.6	10:56	0.9	6:40	7:36	
3	Sun	6:02	4.1	4:42	6.2	10:10	3.0			6:41	7:35	
4	Mon	7:49	4.2	5:44	6.2	12:07	0.7	11:20 AM	3.4	6:42	7:33	
5	Tue	9:10	4.4	6:55	6.4	1:23	0.4	12:54	3.4	6:43	7:32	
6	Wed	10:00	4.8	8:07	6.6	2:32	0.0	2:16	3.2	6:44	7:30	
7	Thu	10:39	5.1	9:13	6.8	3:29	-0.3	3:20	2.8	6:45	7:29	
8	Fri	11:14	5.4	10:14	7.0	4:18	-0.5	4:15	2.2	6:45	7:27	
9	Sat	11:48	5.7	11:11	6.9	5:02	-0.6	5:07	1.6	6:46	7:26	
10	Sun			12:21	6.1	5:44	-0.4	5:58	1.1	6:47	7:24	
11	Mon	12:07	6.8	12:54	6.4	6:23	0.0	6:48	0.6	6:48	7:22	
12	Tue	1:03	6.4	1:29	6.7	7:02	0.5	7:39	0.2	6:49	7:21	
13	Wed	2:00	6.0	2:04	6.8	7:42	1.1	8:31	0.0	6:50	7:19	
14	Thu	3:01	5.5	2:42	6.8	8:23	1.8	9:25	0.0	6:51	7:18	
15	Fri	4:07	5.0	3:24	6.6	9:09	2.4	10:24	0.2	6:51	7:16	
16	Sat	5:25	4.7	4:11	6.3	10:04	2.9	11:31	0.3	6:52	7:15	
17	Sun	6:56	4.6	5:09	6.0	11:19	3.3			6:53	7:13	
18	Mon	8:22	4.8	6:17	5.8	12:45	0.5	12:50	3.4	6:54	7:12	
19	Tue	9:23	4.9	7:28	5.7	1:55	0.5	2:08	3.2	6:55	7:10	
20	Wed	10:07	5.1	8:33	5.7	2:54	0.4	3:07	2.9	6:56	7:08	
21	Thu	10:41	5.2	9:28	5.7	3:42	0.4	3:54	2.5	6:56	7:07	
22	Fri	11:08	5.3	10:16	5.8	4:21	0.4	4:34	2.1	6:57	7:05	
23	Sat	11:32	5.4	11:00	5.7	4:54	0.5	5:10	1.8	6:58	7:04	
24	Sun	11:53	5.6	11:42	5.6	5:23	0.6	5:44	1.4	6:59	7:02	
25	Mon			12:14	5.8	5:50	0.9	6:16	1.1	7:00	7:01	
26	Tue	12:24	5.5	12:35	6.0	6:16	1.2	6:48	0.8	7:01	6:59	
27	Wed	1:07	5.3	12:59	6.1	6:44	1.6	7:22	0.6	7:02	6:58	
28	Thu	1:52	5.1	1:24	6.2	7:12	2.0	7:58	0.4	7:02	6:56	
29	Fri	2:42	4.9	1:54	6.3	7:43	2.4	8:40	0.2	7:03	6:54	
30	Sat	3:39	4.7	2:29	6.3	8:18	2.8	9:29	0.2	7:04	6:53	