



































Oakland - Middle Harbor, CA - Jan 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	3:37	5.5	2:42	4.9	9:22	2.4	9:11	0.6	7:24	5:01	
2	Wed	4:12	5.6	3:42	4.3	10:27	2.2	9:51	1.2	7:24	5:02	
3	Thu	4:48	5.7	5:00	3.8	11:35	1.9	10:36	1.8	7:24	5:02	
4	Fri	5:27	5.8	6:40	3.6			12:41	1.5	7:25	5:03	
5	Sat	6:08	5.9	8:21	3.8			1:39	1.0	7:25	5:04	
6	Sun	6:52	6.1	9:33	4.1	12:30	2.7	2:29	0.6	7:25	5:05	
7	Mon	7:37	6.3	10:23	4.4	1:32	3.0	3:12	0.2	7:24	5:06	
8	Tue	8:22	6.5	11:03	4.7	2:26	3.1	3:52	-0.2	7:24	5:07	
9	Wed	9:06	6.7	11:39	4.9	3:14	3.1	4:28	-0.5	7:24	5:08	
10	Thu	9:49	6.9			3:58	3.1	5:04	-0.8	7:24	5:09	
11	Fri	12:12	5.1	10:32 AM	7.0	4:40	2.9	5:39	-1.0	7:24	5:10	
12	Sat	12:45	5.2	11:16 AM	7.0	5:22	2.7	6:15	-1.1	7:24	5:11	
13	Sun	1:18	5.4	12:01	6.8	6:07	2.5	6:51	-0.9	7:23	5:12	
14	Mon	1:51	5.6	12:48	6.5	6:56	2.2	7:28	-0.7	7:23	5:13	
15	Tue	2:25	5.8	1:40	5.9	7:50	1.9	8:07	-0.2	7:23	5:14	
16	Wed	3:02	6.0	2:39	5.3	8:50	1.6	8:48	0.5	7:22	5:15	
17	Thu	3:42	6.3	3:51	4.6	9:58	1.3	9:33	1.2	7:22	5:16	
18	Fri	4:26	6.5	5:22	4.1	11:13	0.9	10:26	1.9	7:22	5:17	
19	Sat	5:16	6.6	7:08	4.0			12:29	0.5	7:21	5:18	
20	Sun	6:12	6.8	8:41	4.3			1:39	0.0	7:21	5:19	
21	Mon	7:11	6.9	9:48	4.7	12:49	2.9	2:40	-0.4	7:20	5:20	
22	Tue	8:10	7.0	10:39	5.0	2:02	3.0	3:33	-0.7	7:20	5:21	
23	Wed	9:05	7.1	11:22	5.3	3:06	2.9	4:20	-0.9	7:19	5:22	
24	Thu	9:56	7.0			4:02	2.7	5:02	-0.9	7:18	5:23	
25	Fri	12:01	5.4	10:43 AM	6.9	4:51	2.5	5:40	-0.9	7:18	5:25	
26	Sat	12:36	5.5	11:27 AM	6.6	5:37	2.3	6:15	-0.7	7:17	5:26	
27	Sun	1:09	5.6	12:09	6.3	6:21	2.2	6:48	-0.4	7:16	5:27	
28	Mon	1:39	5.6	12:50	5.8	7:05	2.0	7:20	0.0	7:16	5:28	
29	Tue	2:07	5.6	1:33	5.3	7:49	1.9	7:51	0.5	7:15	5:29	
30	Wed	2:34	5.7	2:19	4.8	8:35	1.7	8:22	1.1	7:14	5:30	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Thu	3:03	5.7	3:13	4.3	9:27	1.6	8:56	1.7	7:13	5:31	