

































## Oakland - Middle Harbor, CA - Jan 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	5:57	6.3	6:21	4.4			12:31	1.4	7:24	5:01	
2	Fri	6:51	6.5	7:45	4.4	12:01	1.3	1:37	0.9	7:24	5:02	
3	Sat	7:39	6.6	9:03	4.5	1:01	1.8	2:37	0.4	7:24	5:03	
4	Sun	8:21	6.7	10:03	4.8	2:01	2.1	3:25	0.1	7:25	5:03	
5	Mon	9:03	6.7	10:57	5.0	2:55	2.4	4:07	-0.2	7:25	5:04	
6	Tue	9:39	6.7	11:39	5.1	3:43	2.5	4:43	-0.4	7:24	5:05	
7	Wed	10:15	6.6			4:25	2.6	5:19	-0.4	7:24	5:06	
8	Thu	12:21	5.2	10:51 AM	6.5	5:07	2.7	5:49	-0.4	7:24	5:07	
9	Fri	12:51	5.2	11:27 AM	6.4	5:43	2.7	6:25	-0.4	7:24	5:08	
10	Sat	1:27	5.2	12:03	6.2	6:19	2.7	6:55	-0.3	7:24	5:09	
11	Sun	1:57	5.2	12:39	6.0	6:55	2.7	7:25	-0.2	7:24	5:10	
12	Mon	2:27	5.2	1:15	5.7	7:37	2.6	8:01	0.0	7:24	5:11	
13	Tue	3:03	5.3	1:57	5.3	8:25	2.6	8:37	0.3	7:23	5:12	
14	Wed	3:39	5.4	2:45	4.8	9:13	2.4	9:13	0.7	7:23	5:13	
15	Thu	4:15	5.5	3:45	4.4	10:19	2.2	10:01	1.2	7:23	5:14	
16	Fri	4:57	5.7	5:09	4.1	11:25	1.9	10:49	1.6	7:22	5:15	
17	Sat	5:45	5.9	6:45	4.0			12:37	1.4	7:22	5:16	
18	Sun	6:33	6.2	8:09	4.2			1:37	0.8	7:21	5:17	
19	Mon	7:21	6.5	9:21	4.5	12:55	2.3	2:31	0.2	7:21	5:18	
20	Tue	8:15	6.9	10:15	4.9	1:55	2.4	3:19	-0.4	7:21	5:19	
21	Wed	9:03	7.2	11:03	5.3	2:55	2.5	4:07	-0.9	7:20	5:20	
22	Thu	9:57	7.4	11:51	5.6	3:49	2.4	4:55	-1.3	7:19	5:22	
23	Fri	10:45	7.5			4:43	2.2	5:37	-1.4	7:19	5:23	
24	Sat	12:33	5.8	11:39 AM	7.4	5:37	2.0	6:25	-1.3	7:18	5:24	
25	Sun	1:15	6.0	12:27	7.1	6:31	1.8	7:07	-1.1	7:18	5:25	
26	Mon	2:03	6.1	1:21	6.6	7:25	1.7	7:55	-0.6	7:17	5:26	
27	Tue	2:45	6.2	2:21	6.0	8:25	1.5	8:43	0.0	7:16	5:27	
28	Wed	3:27	6.2	3:21	5.3	9:31	1.4	9:31	0.6	7:15	5:28	
29	Thu	4:21	6.2	4:39	4.6	10:43	1.3	10:25	1.3	7:15	5:29	
30	Fri	5:09	6.2	6:09	4.3	11:55	1.1	11:25	1.9	7:14	5:30	
31	Sat	6:03	6.2	7:39	4.3			1:07	0.8	7:13	5:32	