
































## Oakland - Middle Harbor, CA - Mar 2054

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	5:12	5.8	7:23	4.3			12:24	0.7	6:39	6:03	
2	Mon	6:13	5.6	8:35	4.6	12:17	2.6	1:30	0.5	6:38	6:04	
3	Tue	7:13	5.6	9:28	4.8	1:29	2.6	2:26	0.4	6:37	6:05	
4	Wed	8:09	5.7	10:08	5.0	2:28	2.5	3:12	0.2	6:35	6:06	
5	Thu	8:58	5.8	10:41	5.1	3:16	2.3	3:51	0.1	6:34	6:07	
6	Fri	9:42	5.9	11:09	5.2	3:57	2.1	4:26	0.1	6:32	6:08	
7	Sat	10:22	5.9	11:36	5.3	4:34	1.9	4:57	0.1	6:31	6:09	
8	Sun			12:01	5.9	6:07	1.7	6:27	0.1	7:29	7:10	
9	Mon	1:01	5.4	12:39	5.8	6:40	1.5	6:56	0.3	7:28	7:11	
10	Tue	1:27	5.5	1:18	5.6	7:12	1.2	7:25	0.5	7:26	7:12	
11	Wed	1:54	5.6	1:59	5.4	7:47	1.0	7:56	0.8	7:25	7:12	
12	Thu	2:23	5.7	2:44	5.1	8:25	0.8	8:30	1.1	7:23	7:13	
13	Fri	2:55	5.8	3:35	4.8	9:09	0.7	9:07	1.5	7:22	7:14	
14	Sat	3:31	5.8	4:38	4.4	10:00	0.6	9:52	2.0	7:20	7:15	
15	Sun	4:15	5.8	5:57	4.2	11:00	0.5	10:50	2.4	7:19	7:16	
16	Mon	5:08	5.8	7:25	4.3			12:10	0.4	7:17	7:17	
17	Tue	6:13	5.8	8:43	4.5	12:06	2.6	1:23	0.1	7:16	7:18	
18	Wed	7:25	5.9	9:41	4.9	1:29	2.6	2:31	-0.1	7:14	7:19	
19	Thu	8:35	6.1	10:28	5.3	2:42	2.3	3:29	-0.4	7:13	7:20	
20	Fri	9:39	6.3	11:10	5.6	3:43	1.9	4:21	-0.5	7:11	7:21	
21	Sat	10:38	6.4	11:49	5.9	4:37	1.4	5:07	-0.6	7:10	7:22	
22	Sun	11:34	6.4			5:27	0.9	5:51	-0.4	7:08	7:23	
23	Mon	12:27	6.2	12:27	6.3	6:15	0.5	6:34	-0.1	7:07	7:24	
24	Tue	1:04	6.3	1:20	6.0	7:03	0.2	7:15	0.3	7:05	7:25	
25	Wed	1:41	6.4	2:13	5.7	7:51	0.0	7:57	0.8	7:04	7:26	
26	Thu	2:18	6.3	3:08	5.3	8:39	-0.1	8:41	1.3	7:02	7:27	
27	Fri	2:57	6.2	4:07	4.9	9:29	0.0	9:29	1.8	7:01	7:27	
28	Sat	3:38	5.9	5:15	4.6	10:23	0.2	10:25	2.3	6:59	7:28	
29	Sun	4:24	5.6	6:33	4.4	11:24	0.3	11:36	2.6	6:58	7:29	
30	Mon	5:18	5.3	7:53	4.5			12:30	0.5	6:56	7:30	
31	Tue	6:22	5.1	8:58	4.6	12:58	2.7	1:37	0.5	6:55	7:31	