



































## Oakland - Middle Harbor, CA - Jan 2057

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	7:47	6.8	9:28	4.7	1:13	1.9	2:46	-0.1	7:24	5:01	
2	Tue	8:33	7.2	10:33	5.0	2:11	2.3	3:37	-0.7	7:24	5:02	
3	Wed	9:20	7.5	11:29	5.3	3:07	2.5	4:26	-1.2	7:24	5:03	
4	Thu	10:08	7.6			4:02	2.6	5:14	-1.5	7:24	5:04	
5	Fri	12:20	5.5	10:57 AM	7.6	4:56	2.7	6:01	-1.6	7:24	5:05	
6	Sat	1:08	5.6	11:47 AM	7.4	5:50	2.7	6:47	-1.4	7:24	5:05	
7	Sun	1:54	5.7	12:36	7.0	6:45	2.6	7:33	-1.1	7:24	5:06	
8	Mon	2:39	5.7	1:26	6.5	7:43	2.6	8:18	-0.7	7:24	5:07	
9	Tue	3:24	5.7	2:19	5.8	8:45	2.5	9:04	-0.2	7:24	5:08	
10	Wed	4:08	5.7	3:17	5.1	9:53	2.3	9:50	0.4	7:24	5:09	
11	Thu	4:53	5.7	4:27	4.5	11:05	2.1	10:40	1.0	7:24	5:10	
12	Fri	5:37	5.8	5:52	4.0			12:17	1.7	7:24	5:11	
13	Sat	6:20	5.9	7:27	3.9			1:22	1.3	7:23	5:12	
14	Sun	7:02	6.0	8:51	4.1	12:31	2.1	2:17	0.9	7:23	5:13	
15	Mon	7:42	6.1	9:54	4.4	1:28	2.5	3:03	0.5	7:23	5:14	
16	Tue	8:22	6.3	10:43	4.7	2:22	2.8	3:43	0.1	7:22	5:15	
17	Wed	9:01	6.4	11:24	4.9	3:10	2.9	4:20	-0.1	7:22	5:16	
18	Thu	9:39	6.5			3:53	3.0	4:54	-0.4	7:21	5:18	
19	Fri	12:00	5.0	10:17 AM	6.6	4:32	3.0	5:27	-0.5	7:21	5:19	
20	Sat	12:33	5.1	10:55 AM	6.7	5:09	2.9	5:59	-0.6	7:20	5:20	
21	Sun	1:05	5.2	11:34 AM	6.6	5:46	2.8	6:32	-0.7	7:20	5:21	
22	Mon	1:37	5.2	12:13	6.5	6:24	2.7	7:06	-0.6	7:19	5:22	
23	Tue	2:10	5.3	12:54	6.2	7:06	2.5	7:41	-0.5	7:19	5:23	
24	Wed	2:43	5.4	1:39	5.8	7:54	2.3	8:19	-0.1	7:18	5:24	
25	Thu	3:19	5.6	2:32	5.3	8:50	2.1	8:59	0.4	7:17	5:25	
26	Fri	3:58	5.8	3:38	4.7	9:54	1.8	9:45	0.9	7:17	5:26	
27	Sat	4:41	6.0	5:04	4.3	11:07	1.4	10:38	1.6	7:16	5:27	
28	Sun	5:28	6.2	6:47	4.1			12:21	0.9	7:15	5:29	
29	Mon	6:21	6.5	8:22	4.3			1:30	0.3	7:14	5:30	
30	Tue	7:16	6.8	9:34	4.7	12:51	2.5	2:31	-0.3	7:14	5:31	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
<b>31</b>	Wed	<b>8:12</b>	7.1	<b>10:31</b>	5.1	<b>2:00</b>	2.7	<b>3:26</b>	-0.8	7:13	5:32	