

Oakland - Middle Harbor, CA - Jan 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	6:37	6.0	8:35	3.9			1:59	0.9	7:24	5:01	
2	Fri	7:17	6.3	9:48	4.2	12:50	2.7	2:44	0.3	7:24	5:02	
3	Sat	7:59	6.6	10:43	4.6	1:47	3.0	3:27	-0.3	7:24	5:03	
4	Sun	8:44	6.9	11:29	4.9	2:41	3.2	4:09	-0.8	7:24	5:03	
5	Mon	9:30	7.2			3:32	3.2	4:52	-1.2	7:24	5:04	
6	Tue	12:11	5.1	10:19 AM	7.4	4:22	3.2	5:36	-1.5	7:24	5:05	
7	Wed	12:51	5.3	11:08 AM	7.5	5:11	3.0	6:20	-1.6	7:24	5:06	
8	Thu	1:31	5.4	11:58 AM	7.4	6:03	2.8	7:03	-1.5	7:24	5:07	
9	Fri	2:10	5.5	12:50	7.0	6:58	2.6	7:47	-1.2	7:24	5:08	
10	Sat	2:49	5.7	1:46	6.4	7:58	2.3	8:30	-0.7	7:24	5:09	
11	Sun	3:30	5.9	2:47	5.6	9:06	2.0	9:14	0.0	7:24	5:10	
12	Mon	4:12	6.1	4:00	4.8	10:20	1.6	10:01	0.8	7:23	5:11	
13	Tue	4:56	6.4	5:30	4.2	11:37	1.2	10:53	1.6	7:23	5:12	
14	Wed	5:44	6.6	7:15	4.0			12:52	0.7	7:23	5:13	
15	Thu	6:33	6.7	8:50	4.3			1:58	0.2	7:23	5:14	
16	Fri	7:25	6.8	10:01	4.7	1:03	2.8	2:55	-0.2	7:22	5:15	
17	Sat	8:15	6.8	10:54	5.0	2:10	3.1	3:44	-0.5	7:22	5:16	
18	Sun	9:03	6.8	11:38	5.1	3:11	3.2	4:28	-0.6	7:21	5:17	
19	Mon	9:49	6.8			4:03	3.2	5:07	-0.7	7:21	5:18	
20	Tue	12:17	5.2	10:31 AM	6.7	4:48	3.1	5:43	-0.7	7:20	5:19	
21	Wed	12:51	5.2	11:10 AM	6.5	5:29	2.9	6:16	-0.6	7:20	5:20	
22	Thu	1:21	5.2	11:47 AM	6.3	6:07	2.8	6:47	-0.5	7:19	5:22	
23	Fri	1:48	5.2	12:24	6.0	6:45	2.6	7:16	-0.2	7:19	5:23	
24	Sat	2:13	5.2	1:01	5.7	7:25	2.5	7:45	0.1	7:18	5:24	
25	Sun	2:38	5.3	1:41	5.2	8:07	2.3	8:13	0.5	7:17	5:25	
26	Mon	3:05	5.4	2:27	4.7	8:56	2.1	8:43	1.0	7:17	5:26	
27	Tue	3:33	5.5	3:25	4.1	9:51	1.9	9:16	1.6	7:16	5:27	
28	Wed	4:06	5.7	4:48	3.7	10:55	1.6	9:54	2.2	7:15	5:28	
29	Thu	4:45	5.8	6:46	3.6			12:04	1.2	7:14	5:29	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
30	Fri	5:32	6.0	8:38	3.9			1:10	0.8	7:14	5:30	
31	Sat	6:26	6.2	9:44	4.3	12:01	3.2	2:09	0.2	7:13	5:32	