

Ocean Beach, outer coast, CA - Jan 1969

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	8:19	6.2	11:02	4.7	2:38	3.4	3:50	-0.5	7:25	5:02	
2	Thu	8:57	6.3	11:37	4.8	3:20	3.4	4:23	-0.6	7:25	5:02	
3	Fri	9:34	6.3			3:58	3.4	4:56	-0.6	7:25	5:03	
4	Sat	12:09	4.8	10:11 AM	6.2	4:35	3.3	5:28	-0.7	7:25	5:04	
5	Sun	12:39	4.8	10:48 AM	6.1	5:12	3.2	5:59	-0.6	7:25	5:05	
6	Mon	1:09	4.8	11:25 AM	5.9	5:51	3.1	6:31	-0.5	7:25	5:06	
7	Tue	1:40	4.9	12:05	5.5	6:35	3.0	7:04	-0.2	7:25	5:07	
8	Wed	2:11	5.0	12:51	5.1	7:26	2.8	7:39	0.2	7:25	5:08	
9	Thu	2:43	5.2	1:46	4.6	8:26	2.5	8:17	0.7	7:25	5:09	
10	Fri	3:18	5.4	2:59	4.1	9:34	2.0	9:00	1.4	7:25	5:10	
11	Sat	3:56	5.7	4:39	3.7	10:46	1.4	9:50	2.1	7:25	5:11	
12	Sun	4:39	6.0	6:30	3.8	11:54	0.7	10:52	2.7	7:25	5:12	
13	Mon	5:27	6.3	8:01	4.1			12:56	0.0	7:24	5:13	
14	Tue	6:20	6.6	9:07	4.5	12:01	3.1	1:52	-0.7	7:24	5:14	
15	Wed	7:15	6.9	9:58	4.8	1:09	3.3	2:45	-1.2	7:24	5:15	
16	Thu	8:11	7.1	10:43	5.0	2:11	3.3	3:34	-1.6	7:23	5:16	
17	Fri	9:05	7.2	11:25	5.2	3:09	3.1	4:22	-1.7	7:23	5:17	
18	Sat	9:58	7.2			4:04	2.8	5:07	-1.6	7:23	5:18	
19	Sun	12:05	5.3	10:50 AM	6.9	4:59	2.6	5:51	-1.4	7:22	5:19	
20	Mon	12:44	5.5	11:42 AM	6.4	5:55	2.3	6:32	-0.9	7:22	5:20	
21	Tue	1:22	5.6	12:34	5.8	6:52	2.1	7:12	-0.3	7:21	5:21	
22	Wed	2:00	5.7	1:31	5.0	7:54	1.9	7:52	0.4	7:21	5:22	
23	Thu	2:38	5.7	2:37	4.3	9:00	1.7	8:34	1.2	7:20	5:23	
24	Fri	3:18	5.8	4:02	3.8	10:11	1.4	9:22	2.0	7:19	5:24	
25	Sat	4:00	5.8	5:50	3.7	11:23	1.1	10:20	2.7	7:19	5:25	
26	Sun	4:45	5.8	7:32	3.9			12:28	0.7	7:18	5:27	
27	Mon	5:34	5.8	8:39	4.3			1:24	0.4	7:17	5:28	
28	Tue	6:25	5.8	9:27	4.5	12:41	3.4	2:12	0.1	7:17	5:29	
29	Wed	7:14	5.9	10:04	4.7	1:39	3.4	2:54	-0.1	7:16	5:30	
30	Thu	7:59	6.0	10:35	4.7	2:27	3.3	3:30	-0.3	7:15	5:31	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Fri	8:41	6.1	11:03	4.8	3:08	3.2	4:03	-0.5	7:14	5:32	