

Ocean Beach, outer coast, CA - Nov 1969

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	5:21	4.6	2:48	4.8	10:14	3.6	10:26	0.6	6:35	5:11	
2	Sun	6:06	4.7	4:02	4.6	11:26	3.2	11:22	0.7	6:36	5:10	
3	Mon	6:39	4.8	5:16	4.5			12:22	2.7	6:37	5:09	
4	Tue	7:06	5.1	6:24	4.5	12:10	0.8	1:08	2.2	6:38	5:08	
5	Wed	7:31	5.3	7:26	4.5	12:51	1.0	1:48	1.6	6:39	5:07	
6	Thu	7:55	5.6	8:24	4.6	1:27	1.2	2:24	0.9	6:40	5:06	
7	Fri	8:21	6.0	9:19	4.7	2:02	1.5	3:00	0.3	6:41	5:05	
8	Sat	8:49	6.3	10:13	4.8	2:37	1.9	3:36	-0.3	6:43	5:04	
9	Sun	9:19	6.5	11:07	4.9	3:14	2.3	4:16	-0.8	6:44	5:03	
10	Mon	9:53	6.7			3:52	2.7	4:58	-1.1	6:45	5:02	
11	Tue	12:02	4.9	10:32 AM	6.8	4:34	3.0	5:44	-1.2	6:46	5:02	
12	Wed	1:00	4.8	11:17 AM	6.7	5:20	3.3	6:35	-1.2	6:47	5:01	
13	Thu	1:59	4.8	12:08	6.5	6:13	3.4	7:31	-1.0	6:48	5:00	
14	Fri	3:01	4.8	1:07	6.1	7:21	3.5	8:31	-0.7	6:49	4:59	
15	Sat	4:02	4.9	2:16	5.6	8:47	3.4	9:34	-0.4	6:50	4:58	
16	Sun	4:58	5.1	3:35	5.2	10:21	3.0	10:37	0.0	6:51	4:58	
17	Mon	5:46	5.4	5:00	4.8	11:41	2.3	11:34	0.4	6:52	4:57	
18	Tue	6:28	5.7	6:23	4.6			12:46	1.6	6:53	4:56	
19	Wed	7:06	6.0	7:38	4.6	12:26	0.8	1:41	0.8	6:54	4:56	
20	Thu	7:41	6.3	8:45	4.6	1:13	1.3	2:28	0.2	6:55	4:55	
21	Fri	8:14	6.5	9:45	4.7	1:57	1.8	3:11	-0.3	6:56	4:55	
22	Sat	8:46	6.5	10:40	4.8	2:39	2.3	3:51	-0.6	6:57	4:54	
23	Sun	9:18	6.5	11:31	4.9	3:21	2.7	4:28	-0.8	6:58	4:54	
24	Mon	9:50	6.4			4:03	3.1	5:05	-0.8	6:59	4:53	
25	Tue	12:20	4.9	10:23 AM	6.2	4:45	3.3	5:42	-0.7	7:00	4:53	
26	Wed	1:07	4.8	10:58 AM	6.0	5:27	3.5	6:21	-0.5	7:01	4:53	
27	Thu	1:53	4.7	11:37 AM	5.8	6:13	3.6	7:02	-0.3	7:02	4:52	
28	Fri	2:39	4.6	12:19	5.5	7:04	3.6	7:45	-0.1	7:03	4:52	
29	Sat	3:25	4.6	1:06	5.1	8:07	3.5	8:31	0.2	7:04	4:52	
30	Sun	4:09	4.7	2:02	4.7	9:21	3.4	9:19	0.4	7:05	4:51	