

Ocean Beach, outer coast, CA - Mar 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	3:35	5.8	7:12	4.0	11:22	0.1	10:40	3.5	6:41	6:03	
2	Mon	4:48	5.9	8:05	4.3			12:33	-0.3	6:40	6:04	
3	Tue	6:02	6.1	8:44	4.6	12:12	3.3	1:32	-0.7	6:38	6:05	
4	Wed	7:10	6.3	9:19	4.9	1:21	2.9	2:23	-1.0	6:37	6:06	
5	Thu	8:11	6.5	9:53	5.2	2:18	2.4	3:08	-1.0	6:35	6:07	
6	Fri	9:07	6.5	10:25	5.6	3:10	1.7	3:49	-0.9	6:34	6:08	
7	Sat	10:02	6.3	10:58	5.9	4:01	1.1	4:28	-0.6	6:32	6:09	
8	Sun	10:56	6.0	11:31	6.1	4:51	0.6	5:07	-0.1	6:31	6:10	
9	Mon	11:51	5.5			5:40	0.2	5:45	0.6	6:30	6:11	
10	Tue	12:05	6.2	12:49	5.0	6:31	0.0	6:24	1.3	6:28	6:12	
11	Wed	12:40	6.2	1:53	4.5	7:23	0.0	7:05	2.0	6:27	6:13	
12	Thu	1:17	6.0	3:09	4.2	8:20	0.1	7:54	2.7	6:25	6:14	
13	Fri	2:00	5.8	4:44	4.0	9:25	0.3	9:00	3.1	6:24	6:15	
14	Sat	2:52	5.5	6:20	4.1	10:39	0.4	10:31	3.4	6:22	6:16	
15	Sun	3:57	5.2	7:26	4.4	11:53	0.4	11:56	3.3	6:21	6:16	
16	Mon	5:09	5.1	8:11	4.5			12:55	0.3	6:19	6:17	
17	Tue	6:17	5.1	8:45	4.7	1:00	3.0	1:45	0.2	6:18	6:18	
18	Wed	7:15	5.2	9:13	4.8	1:50	2.6	2:25	0.1	6:16	6:19	
19	Thu	8:04	5.3	9:36	4.9	2:31	2.2	2:58	0.1	6:15	6:20	
20	Fri	8:48	5.3	9:57	5.0	3:08	1.9	3:26	0.2	6:13	6:21	
21	Sat	9:30	5.2	10:18	5.2	3:42	1.5	3:53	0.4	6:11	6:22	
22	Sun	10:11	5.1	10:40	5.4	4:15	1.1	4:18	0.7	6:10	6:23	
23	Mon	10:54	4.9	11:02	5.6	4:48	0.7	4:45	1.1	6:08	6:24	
24	Tue	11:38	4.7	11:27	5.7	5:22	0.4	5:12	1.5	6:07	6:25	
25	Wed			12:27	4.5	5:59	0.1	5:42	1.9	6:05	6:26	
26	Thu			1:23	4.3	6:41	0.0	6:15	2.4	6:04	6:27	
27	Fri	12:27	5.8	2:31	4.0	7:29	-0.1	6:54	2.8	6:02	6:28	
28	Sat	1:08	5.8	3:57	3.9	8:28	-0.2	7:47	3.2	6:01	6:29	
29	Sun	2:02	5.7	5:29	4.0	9:37	-0.2	9:10	3.4	5:59	6:29	
30	Mon	3:11	5.5	6:37	4.2	10:53	-0.3	10:55	3.3	5:58	6:30	
31	Tue	4:32	5.5	7:24	4.5			12:03	-0.4	5:56	6:31	