

Ocean Beach, outer coast, CA - Jan 1975

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	1:23	5.6	12:32	6.0	6:45	2.1	7:11	-0.6	7:25	5:01	
2	Thu	2:06	5.8	1:33	5.4	7:50	1.9	7:58	0.0	7:25	5:02	
3	Fri	2:52	6.0	2:43	4.7	9:03	1.6	8:49	0.7	7:25	5:03	
4	Sat	3:41	6.1	4:07	4.2	10:20	1.3	9:45	1.4	7:25	5:04	
5	Sun	4:33	6.3	5:42	4.0	11:35	0.8	10:49	2.0	7:25	5:05	
6	Mon	5:26	6.4	7:11	4.2			12:41	0.3	7:25	5:05	
7	Tue	6:19	6.5	8:22	4.4			1:39	-0.1	7:25	5:06	
8	Wed	7:09	6.5	9:18	4.7	1:00	2.7	2:28	-0.4	7:25	5:07	
9	Thu	7:56	6.5	10:05	4.9	1:58	2.8	3:11	-0.6	7:25	5:08	
10	Fri	8:40	6.5	10:46	5.0	2:49	2.8	3:50	-0.6	7:25	5:09	
11	Sat	9:21	6.4	11:22	5.1	3:35	2.8	4:25	-0.6	7:25	5:10	
12	Sun	10:00	6.2	11:54	5.1	4:17	2.7	4:58	-0.5	7:25	5:11	
13	Mon	10:37	6.0			4:57	2.6	5:30	-0.4	7:24	5:12	
14	Tue	12:24	5.1	11:14 AM	5.7	5:36	2.5	6:00	-0.2	7:24	5:13	
15	Wed	12:52	5.1	11:51 AM	5.4	6:16	2.4	6:31	0.1	7:24	5:14	
16	Thu	1:20	5.2	12:31	5.0	6:59	2.3	7:02	0.5	7:23	5:15	
17	Fri	1:50	5.3	1:16	4.5	7:47	2.2	7:35	1.0	7:23	5:16	
18	Sat	2:23	5.3	2:12	4.1	8:42	2.1	8:12	1.5	7:23	5:17	
19	Sun	3:00	5.5	3:27	3.7	9:46	1.8	8:56	2.0	7:22	5:18	
20	Mon	3:43	5.6	5:05	3.6	10:55	1.5	9:52	2.5	7:22	5:19	
21	Tue	4:32	5.7	6:43	3.7	11:59	1.0	11:00	2.8	7:21	5:20	
22	Wed	5:25	6.0	7:55	4.0			12:55	0.4	7:21	5:22	
23	Thu	6:19	6.2	8:47	4.4	12:09	3.0	1:45	-0.1	7:20	5:23	
24	Fri	7:13	6.5	9:30	4.7	1:11	2.9	2:31	-0.6	7:20	5:24	
25	Sat	8:05	6.8	10:10	5.0	2:06	2.8	3:14	-1.0	7:19	5:25	
26	Sun	8:56	6.9	10:48	5.3	2:58	2.5	3:57	-1.2	7:18	5:26	
27	Mon	9:48	6.9	11:26	5.5	3:49	2.2	4:39	-1.3	7:18	5:27	
28	Tue	10:39	6.8			4:41	1.8	5:20	-1.1	7:17	5:28	
29	Wed	12:04	5.8	11:32 AM	6.4	5:34	1.5	6:02	-0.7	7:16	5:29	
30	Thu	12:43	6.0	12:28	5.9	6:30	1.2	6:45	-0.1	7:15	5:30	
31	Fri	1:24	6.2	1:28	5.2	7:30	1.0	7:29	0.6	7:15	5:32	