

Ocean Beach, outer coast, CA - Dec 1975

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	8:28	7.0	10:18	5.1	2:17	2.2	3:29	-1.1	7:06	4:51	
2	Tue	9:12	7.0	11:10	5.2	3:08	2.4	4:14	-1.3	7:07	4:51	
3	Wed	9:56	6.9	11:59	5.2	3:58	2.6	4:59	-1.3	7:08	4:51	
4	Thu	10:41	6.7			4:49	2.7	5:43	-1.2	7:09	4:51	
5	Fri	12:47	5.2	11:26 AM	6.3	5:41	2.8	6:26	-0.9	7:10	4:51	
6	Sat	1:34	5.2	12:12	5.9	6:37	2.8	7:10	-0.5	7:10	4:51	
7	Sun	2:20	5.2	1:00	5.4	7:37	2.8	7:55	-0.1	7:11	4:51	
8	Mon	3:05	5.1	1:54	4.8	8:45	2.7	8:41	0.4	7:12	4:51	
9	Tue	3:50	5.2	2:58	4.3	9:57	2.5	9:30	0.9	7:13	4:51	
10	Wed	4:33	5.3	4:15	3.9	11:07	2.2	10:23	1.4	7:14	4:51	
11	Thu	5:14	5.4	5:41	3.8			12:08	1.7	7:15	4:51	
12	Fri	5:53	5.6	7:03	3.8			1:00	1.2	7:15	4:51	
13	Sat	6:30	5.8	8:09	4.0	12:09	2.2	1:44	0.7	7:16	4:51	
14	Sun	7:06	6.0	9:03	4.3	12:58	2.5	2:23	0.3	7:17	4:51	
15	Mon	7:43	6.1	9:49	4.5	1:43	2.7	2:59	-0.1	7:18	4:52	
16	Tue	8:20	6.3	10:30	4.7	2:25	2.8	3:33	-0.4	7:18	4:52	
17	Wed	8:58	6.4	11:10	4.8	3:06	2.9	4:08	-0.7	7:19	4:52	
18	Thu	9:37	6.5	11:48	4.9	3:46	2.9	4:43	-0.9	7:19	4:53	
19	Fri	10:18	6.5			4:28	2.9	5:20	-1.0	7:20	4:53	
20	Sat	12:27	5.0	11:01 AM	6.3	5:13	2.8	5:59	-1.0	7:21	4:54	
21	Sun	1:06	5.2	11:47 AM	6.1	6:02	2.7	6:40	-0.8	7:21	4:54	
22	Mon	1:46	5.3	12:38	5.7	6:58	2.6	7:23	-0.4	7:22	4:55	
23	Tue	2:28	5.5	1:37	5.2	8:02	2.3	8:10	0.1	7:22	4:55	
24	Wed	3:13	5.7	2:49	4.6	9:15	2.0	9:01	0.7	7:23	4:56	
25	Thu	4:00	5.9	4:15	4.2	10:32	1.5	9:57	1.3	7:23	4:56	
26	Fri	4:49	6.2	5:49	4.1	11:45	0.9	11:00	1.9	7:23	4:57	
27	Sat	5:40	6.5	7:16	4.2			12:48	0.2	7:24	4:57	
28	Sun	6:31	6.7	8:27	4.5	12:04	2.3	1:44	-0.3	7:24	4:58	
29	Mon	7:21	6.9	9:25	4.8	1:06	2.5	2:34	-0.8	7:24	4:59	
30	Tue	8:10	6.9	10:15	5.0	2:04	2.7	3:21	-1.0	7:25	5:00	
31	Wed	8:57	6.9	10:58	5.2	2:58	2.7	4:03	-1.1	7:25	5:00	