

Ocean Beach, outer coast, CA - May 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat			1:45	4.4	6:47	-0.4	6:37	2.5	6:13	8:00	☀
2	Sun	12:28	5.6	2:30	4.4	7:23	-0.4	7:16	2.7	6:12	8:01	☀
3	Mon	1:05	5.5	3:19	4.4	8:04	-0.4	8:03	2.8	6:11	8:02	☀
4	Tue	1:47	5.3	4:12	4.4	8:50	-0.3	9:03	2.9	6:10	8:03	☀
5	Wed	2:38	5.1	5:06	4.5	9:42	-0.2	10:16	2.8	6:09	8:04	☀
6	Thu	3:40	4.8	5:58	4.7	10:39	0.0	11:35	2.5	6:08	8:05	☀
7	Fri	4:54	4.6	6:46	5.0	11:38	0.2			6:06	8:06	☀
8	Sat	6:14	4.5	7:29	5.4	12:45	1.9	12:36	0.4	6:05	8:06	☀
9	Sun	7:33	4.5	8:10	5.8	1:44	1.2	1:31	0.6	6:04	8:07	☀
10	Mon	8:44	4.6	8:51	6.2	2:37	0.4	2:23	0.9	6:04	8:08	☀
11	Tue	9:49	4.8	9:32	6.5	3:27	-0.3	3:12	1.2	6:03	8:09	☀
12	Wed	10:50	5.0	10:14	6.7	4:15	-0.9	4:01	1.5	6:02	8:10	☀
13	Thu	11:47	5.1	10:58	6.8	5:03	-1.4	4:51	1.8	6:01	8:11	☀
14	Fri			12:42	5.1	5:51	-1.6	5:42	2.1	6:00	8:12	☀
15	Sat			1:37	5.1	6:40	-1.6	6:35	2.3	5:59	8:13	☀
16	Sun	12:31	6.5	2:31	5.1	7:29	-1.4	7:33	2.5	5:58	8:13	☀
17	Mon	1:21	6.1	3:27	5.0	8:20	-1.1	8:38	2.5	5:57	8:14	☀
18	Tue	2:14	5.6	4:22	5.0	9:12	-0.7	9:51	2.5	5:57	8:15	☀
19	Wed	3:12	5.0	5:18	5.0	10:07	-0.2	11:09	2.4	5:56	8:16	☀
20	Thu	4:19	4.5	6:09	5.1	11:03	0.3			5:55	8:17	☀
21	Fri	5:34	4.1	6:56	5.2	12:21	2.0	11:59 AM	0.7	5:55	8:18	☀
22	Sat	6:52	3.9	7:36	5.4	1:24	1.6	12:52	1.1	5:54	8:18	☀
23	Sun	8:05	3.9	8:11	5.5	2:16	1.1	1:41	1.4	5:53	8:19	☀
24	Mon	9:09	4.0	8:43	5.7	3:01	0.7	2:25	1.8	5:53	8:20	☀
25	Tue	10:03	4.2	9:13	5.8	3:40	0.3	3:06	2.0	5:52	8:21	☀
26	Wed	10:51	4.3	9:45	5.9	4:16	0.0	3:45	2.3	5:52	8:22	☀
27	Thu	11:34	4.4	10:17	6.0	4:49	-0.3	4:22	2.5	5:51	8:22	☀
28	Fri			12:16	4.5	5:21	-0.5	4:59	2.6	5:51	8:23	☀
29	Sat			12:56	4.6	5:54	-0.6	5:36	2.7	5:50	8:24	☀
30	Sun			1:35	4.6	6:28	-0.7	6:16	2.8	5:50	8:24	☀
31	Mon	12:03	5.9	2:16	4.7	7:04	-0.8	7:00	2.8	5:49	8:25	☀