

Ocean Beach, outer coast, CA - Jun 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	12:43	5.7	2:58	4.7	7:43	-0.7	7:50	2.8	5:49	8:26	
2	Wed	1:28	5.5	3:42	4.8	8:26	-0.6	8:49	2.7	5:49	8:27	
3	Thu	2:19	5.2	4:27	5.0	9:12	-0.3	9:58	2.5	5:48	8:27	
4	Fri	3:21	4.8	5:13	5.2	10:02	0.0	11:13	2.1	5:48	8:28	
5	Sat	4:35	4.4	5:59	5.6	10:57	0.4			5:48	8:28	
6	Sun	6:01	4.1	6:45	5.9	12:24	1.5	11:54 AM	0.9	5:48	8:29	
7	Mon	7:26	4.1	7:30	6.3	1:27	0.8	12:53	1.3	5:47	8:30	
8	Tue	8:44	4.3	8:16	6.6	2:23	0.0	1:50	1.7	5:47	8:30	
9	Wed	9:52	4.5	9:02	6.8	3:15	-0.6	2:45	2.0	5:47	8:31	
10	Thu	10:51	4.8	9:49	7.0	4:04	-1.1	3:39	2.2	5:47	8:31	
11	Fri	11:46	5.0	10:36	6.9	4:52	-1.4	4:33	2.4	5:47	8:32	
12	Sat			12:36	5.1	5:39	-1.5	5:26	2.4	5:47	8:32	
13	Sun			1:25	5.2	6:25	-1.5	6:21	2.5	5:47	8:32	
14	Mon	12:11	6.5	2:11	5.2	7:10	-1.2	7:18	2.5	5:47	8:33	
15	Tue	1:00	6.0	2:57	5.3	7:54	-0.9	8:18	2.5	5:47	8:33	
16	Wed	1:49	5.5	3:43	5.3	8:39	-0.4	9:22	2.4	5:47	8:34	
17	Thu	2:43	4.9	4:27	5.3	9:25	0.1	10:32	2.3	5:47	8:34	
18	Fri	3:43	4.4	5:11	5.3	10:12	0.6	11:41	2.0	5:47	8:34	
19	Sat	4:54	4.0	5:54	5.4	11:03	1.2			5:47	8:34	
20	Sun	6:17	3.7	6:35	5.6	12:46	1.6	11:55 AM	1.6	5:48	8:35	
21	Mon	7:41	3.7	7:15	5.7	1:42	1.2	12:49	2.0	5:48	8:35	
22	Tue	8:53	3.9	7:53	5.9	2:30	0.7	1:40	2.4	5:48	8:35	
23	Wed	9:51	4.1	8:31	6.0	3:12	0.4	2:28	2.6	5:48	8:35	
24	Thu	10:38	4.3	9:09	6.1	3:50	0.0	3:12	2.7	5:49	8:35	
25	Fri	11:20	4.5	9:47	6.2	4:26	-0.3	3:54	2.8	5:49	8:35	
26	Sat	11:58	4.6	10:26	6.3	5:00	-0.5	4:34	2.8	5:49	8:36	
27	Sun			12:35	4.8	5:33	-0.7	5:15	2.8	5:50	8:36	
28	Mon			1:11	4.9	6:08	-0.8	5:58	2.8	5:50	8:36	
29	Tue			1:47	5.0	6:44	-0.8	6:44	2.7	5:51	8:36	
30	Wed	12:30	6.0	2:25	5.2	7:22	-0.7	7:34	2.5	5:51	8:36	