

Ocean Beach, outer coast, CA - Aug 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	3:13	4.8	3:48	6.2	9:05	1.2	10:24	1.1	6:13	8:18	
2	Mon	4:32	4.4	4:40	6.3	9:59	1.8	11:39	0.8	6:14	8:17	
3	Tue	6:02	4.2	5:37	6.5	11:03	2.3			6:15	8:16	
4	Wed	7:32	4.3	6:37	6.6	12:51	0.4	12:16	2.6	6:16	8:15	
5	Thu	8:45	4.6	7:37	6.7	1:55	0.0	1:28	2.7	6:17	8:14	
6	Fri	9:42	4.9	8:33	6.7	2:51	-0.3	2:31	2.6	6:18	8:13	
7	Sat	10:29	5.1	9:26	6.7	3:40	-0.5	3:28	2.5	6:19	8:12	
8	Sun	11:11	5.3	10:15	6.6	4:24	-0.5	4:18	2.3	6:19	8:11	
9	Mon	11:49	5.4	11:00	6.4	5:05	-0.5	5:06	2.1	6:20	8:10	
10	Tue			12:24	5.5	5:42	-0.3	5:50	2.0	6:21	8:08	
11	Wed			12:57	5.5	6:17	0.0	6:34	1.9	6:22	8:07	
12	Thu	12:27	5.7	1:28	5.6	6:52	0.4	7:17	1.8	6:23	8:06	
13	Fri	1:11	5.3	1:58	5.6	7:26	0.8	8:02	1.7	6:24	8:05	
14	Sat	1:56	4.9	2:30	5.6	8:01	1.3	8:50	1.7	6:25	8:04	
15	Sun	2:47	4.5	3:05	5.5	8:38	1.8	9:45	1.6	6:25	8:02	
16	Mon	3:49	4.1	3:45	5.5	9:21	2.3	10:49	1.6	6:26	8:01	
17	Tue	5:08	3.9	4:33	5.5	10:14	2.7	11:57	1.4	6:27	8:00	
18	Wed	6:41	3.9	5:28	5.6	11:22	3.0			6:28	7:58	
19	Thu	7:59	4.1	6:25	5.7	1:00	1.1	12:33	3.1	6:29	7:57	
20	Fri	8:53	4.3	7:21	5.9	1:54	0.8	1:34	3.0	6:30	7:56	
21	Sat	9:34	4.6	8:13	6.1	2:40	0.4	2:25	2.8	6:31	7:54	
22	Sun	10:09	4.8	9:02	6.3	3:20	0.1	3:11	2.6	6:31	7:53	
23	Mon	10:42	5.1	9:50	6.4	3:58	-0.1	3:54	2.2	6:32	7:52	
24	Tue	11:14	5.4	10:38	6.4	4:35	-0.2	4:37	1.9	6:33	7:50	
25	Wed	11:48	5.6	11:27	6.3	5:11	-0.2	5:22	1.5	6:34	7:49	
26	Thu			12:22	5.9	5:49	0.0	6:09	1.1	6:35	7:47	
27	Fri	12:18	6.1	12:59	6.1	6:28	0.3	6:59	0.8	6:36	7:46	
28	Sat	1:12	5.7	1:38	6.3	7:09	0.8	7:53	0.6	6:37	7:45	
29	Sun	2:11	5.3	2:21	6.4	7:53	1.3	8:53	0.5	6:37	7:43	
30	Mon	3:18	4.9	3:11	6.4	8:44	1.9	10:00	0.5	6:38	7:42	
31	Tue	4:37	4.6	4:08	6.3	9:45	2.4	11:15	0.4	6:39	7:40	