

Ocean Beach, outer coast, CA - Mar 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	2:47	5.8	4:24	4.0	9:40	0.6	9:21	2.4	6:41	6:03	
2	Thu	3:46	5.8	5:54	4.1	10:54	0.3	10:41	2.6	6:40	6:04	
3	Fri	4:54	5.9	7:08	4.4			12:06	0.0	6:38	6:05	
4	Sat	6:02	6.0	8:04	4.8	12:02	2.6	1:08	-0.3	6:37	6:06	
5	Sun	7:07	6.1	8:50	5.1	1:10	2.3	2:02	-0.5	6:35	6:07	
6	Mon	8:06	6.3	9:31	5.4	2:09	1.9	2:50	-0.6	6:34	6:08	
7	Tue	9:01	6.3	10:10	5.7	3:01	1.5	3:34	-0.6	6:32	6:09	
8	Wed	9:53	6.2	10:47	5.8	3:50	1.1	4:16	-0.4	6:31	6:10	
9	Thu	10:43	6.0	11:23	5.9	4:37	0.8	4:56	-0.1	6:29	6:11	
10	Fri	11:32	5.7	11:58	5.9	5:23	0.6	5:35	0.4	6:28	6:12	
11	Sat			12:22	5.3	6:09	0.5	6:15	0.9	6:26	6:13	
12	Sun	12:34	5.8	1:14	4.8	6:56	0.5	6:56	1.4	6:25	6:14	
13	Mon	1:10	5.7	2:12	4.4	7:45	0.6	7:41	1.9	6:23	6:15	
14	Tue	1:49	5.5	3:20	4.1	8:40	0.7	8:34	2.4	6:22	6:16	
15	Wed	2:34	5.2	4:41	4.0	9:43	0.8	9:43	2.7	6:20	6:17	
16	Thu	3:27	5.1	6:04	4.1	10:52	0.8	11:02	2.8	6:19	6:17	
17	Fri	4:30	4.9	7:07	4.2	11:57	0.8			6:17	6:18	
18	Sat	5:35	4.9	7:52	4.5	12:12	2.7	12:53	0.6	6:16	6:19	
19	Sun	6:35	5.0	8:27	4.7	1:08	2.5	1:39	0.5	6:14	6:20	
20	Mon	7:28	5.2	8:57	4.8	1:54	2.2	2:18	0.3	6:13	6:21	
21	Tue	8:16	5.3	9:25	5.0	2:34	1.8	2:52	0.3	6:11	6:22	
22	Wed	9:01	5.4	9:53	5.2	3:10	1.5	3:25	0.3	6:10	6:23	
23	Thu	9:44	5.4	10:22	5.4	3:45	1.1	3:57	0.4	6:08	6:24	
24	Fri	10:28	5.4	10:52	5.6	4:20	0.8	4:30	0.6	6:07	6:25	
25	Sat	11:14	5.3	11:24	5.8	4:58	0.4	5:04	0.8	6:05	6:26	
26	Sun			12:02	5.1	5:38	0.1	5:41	1.2	6:04	6:27	
27	Mon			12:55	4.9	6:23	-0.1	6:22	1.6	6:02	6:28	
28	Tue	12:37	5.9	1:55	4.6	7:13	-0.2	7:09	2.0	6:01	6:29	
29	Wed	1:22	5.9	3:05	4.4	8:10	-0.2	8:06	2.4	5:59	6:29	
30	Thu	2:16	5.7	4:23	4.3	9:16	-0.1	9:20	2.6	5:58	6:30	
31	Fri	3:21	5.5	5:39	4.5	10:28	-0.1	10:48	2.6	5:56	6:31	