

Ocean Beach, outer coast, CA - Jul 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	9:54	4.4	8:50	6.3	3:20	0.1	2:43	2.4	5:51	8:35	
2	Sun	10:46	4.6	9:28	6.3	4:02	-0.2	3:30	2.6	5:52	8:35	
3	Mon	11:30	4.7	10:05	6.2	4:40	-0.3	4:14	2.7	5:52	8:35	
4	Tue			12:10	4.8	5:14	-0.4	4:55	2.8	5:53	8:35	
5	Wed			12:46	4.8	5:47	-0.4	5:34	2.8	5:53	8:35	
6	Thu			1:19	4.9	6:18	-0.4	6:13	2.8	5:54	8:35	
7	Fri			1:51	4.9	6:50	-0.3	6:53	2.8	5:54	8:34	
8	Sat	12:28	5.7	2:23	5.0	7:22	-0.2	7:35	2.7	5:55	8:34	
9	Sun	1:07	5.4	2:57	5.1	7:55	0.0	8:22	2.6	5:56	8:34	
10	Mon	1:50	5.0	3:32	5.2	8:31	0.3	9:16	2.5	5:56	8:34	
11	Tue	2:39	4.7	4:11	5.4	9:10	0.7	10:18	2.2	5:57	8:33	
12	Wed	3:40	4.3	4:53	5.5	9:55	1.1	11:24	1.9	5:58	8:33	
13	Thu	4:58	4.0	5:38	5.8	10:46	1.6			5:58	8:32	
14	Fri	6:28	3.9	6:25	6.1	12:29	1.3	11:45 AM	2.0	5:59	8:32	
15	Sat	7:53	4.0	7:15	6.4	1:28	0.7	12:46	2.3	6:00	8:31	
16	Sun	9:04	4.3	8:05	6.7	2:22	0.1	1:47	2.4	6:00	8:31	
17	Mon	10:03	4.7	8:57	7.0	3:12	-0.5	2:45	2.5	6:01	8:30	
18	Tue	10:54	5.0	9:48	7.1	4:01	-1.0	3:41	2.4	6:02	8:30	
19	Wed	11:41	5.2	10:40	7.2	4:48	-1.3	4:36	2.3	6:02	8:29	
20	Thu			12:26	5.5	5:35	-1.4	5:31	2.2	6:03	8:28	
21	Fri			1:11	5.7	6:21	-1.3	6:27	2.0	6:04	8:28	
22	Sat	12:25	6.7	1:55	5.8	7:07	-1.0	7:26	1.9	6:05	8:27	
23	Sun	1:20	6.2	2:39	5.9	7:53	-0.5	8:28	1.7	6:06	8:26	
24	Mon	2:18	5.6	3:25	6.0	8:41	0.1	9:35	1.6	6:06	8:26	
25	Tue	3:21	5.0	4:13	6.0	9:30	0.7	10:47	1.4	6:07	8:25	
26	Wed	4:35	4.5	5:03	6.0	10:25	1.4	11:59	1.2	6:08	8:24	
27	Thu	6:01	4.2	5:55	6.0	11:26	1.9			6:09	8:23	
28	Fri	7:28	4.2	6:47	6.1	1:07	0.9	12:30	2.4	6:10	8:22	
29	Sat	8:42	4.4	7:37	6.1	2:06	0.6	1:32	2.6	6:10	8:21	
30	Sun	9:40	4.6	8:22	6.1	2:56	0.4	2:27	2.7	6:11	8:21	
31	Mon	10:26	4.7	9:05	6.2	3:39	0.2	3:15	2.8	6:12	8:20	