

Ocean Beach, outer coast, CA - Sep 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	11:23	5.2	10:45	5.9	4:48	0.3	4:53	2.0	6:40	7:39	
2	Sat	11:50	5.3	11:24	5.8	5:18	0.4	5:28	1.8	6:40	7:38	
3	Sun			12:18	5.5	5:47	0.5	6:02	1.6	6:41	7:36	
4	Mon	12:04	5.6	12:47	5.6	6:17	0.7	6:40	1.4	6:42	7:35	
5	Tue	12:46	5.4	1:18	5.7	6:49	1.0	7:21	1.2	6:43	7:33	
6	Wed	1:33	5.1	1:52	5.8	7:24	1.4	8:07	1.1	6:44	7:32	
7	Thu	2:26	4.8	2:31	5.8	8:04	1.8	9:01	0.9	6:45	7:30	
8	Fri	3:31	4.5	3:18	5.9	8:52	2.2	10:05	0.8	6:45	7:29	
9	Sat	4:50	4.3	4:14	5.9	9:52	2.6	11:16	0.6	6:46	7:27	
10	Sun	6:15	4.4	5:19	5.9	11:08	2.8			6:47	7:26	
11	Mon	7:30	4.6	6:28	6.1	12:27	0.4	12:28	2.8	6:48	7:24	
12	Tue	8:28	4.9	7:34	6.2	1:32	0.1	1:38	2.5	6:49	7:23	
13	Wed	9:16	5.2	8:36	6.4	2:28	-0.1	2:37	2.1	6:50	7:21	
14	Thu	9:59	5.6	9:33	6.5	3:18	-0.3	3:31	1.6	6:50	7:20	
15	Fri	10:39	5.8	10:28	6.4	4:04	-0.3	4:21	1.2	6:51	7:18	
16	Sat	11:17	6.0	11:20	6.3	4:47	-0.1	5:10	0.8	6:52	7:17	
17	Sun	11:55	6.2			5:30	0.2	5:57	0.6	6:53	7:15	
18	Mon	12:13	6.0	12:32	6.2	6:12	0.7	6:45	0.4	6:54	7:13	
19	Tue	1:06	5.6	1:10	6.2	6:54	1.2	7:34	0.4	6:55	7:12	
20	Wed	2:00	5.3	1:49	6.0	7:38	1.7	8:25	0.5	6:56	7:10	
21	Thu	3:00	4.9	2:31	5.8	8:27	2.2	9:21	0.7	6:56	7:09	
22	Fri	4:07	4.6	3:18	5.5	9:24	2.6	10:23	0.9	6:57	7:07	
23	Sat	5:24	4.5	4:14	5.3	10:35	2.9	11:31	0.9	6:58	7:06	
24	Sun	6:41	4.5	5:16	5.2	11:52	3.0			6:59	7:04	
25	Mon	7:43	4.7	6:22	5.1	12:36	0.9	1:00	2.9	7:00	7:03	
26	Tue	8:30	4.8	7:23	5.2	1:33	0.9	1:55	2.6	7:01	7:01	
27	Wed	9:06	5.0	8:16	5.3	2:20	0.8	2:41	2.3	7:02	6:59	
28	Thu	9:37	5.2	9:04	5.4	3:00	0.7	3:21	1.9	7:02	6:58	
29	Fri	10:05	5.3	9:48	5.5	3:35	0.7	3:57	1.6	7:03	6:56	
30	Sat	10:32	5.5	10:31	5.5	4:08	0.8	4:31	1.3	7:04	6:55	