

Ocean Beach, outer coast, CA - Dec 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	10:33	6.8			4:32	2.5	5:28	-1.3	7:06	4:51	☀
2	Sat	12:29	5.2	11:20 AM	6.7	5:22	2.6	6:16	-1.2	7:07	4:51	☀
3	Sun	1:20	5.3	12:11	6.4	6:18	2.7	7:06	-1.0	7:08	4:51	☀
4	Mon	2:13	5.3	1:08	5.9	7:22	2.7	7:59	-0.7	7:09	4:51	☀
5	Tue	3:07	5.4	2:13	5.4	8:37	2.5	8:56	-0.2	7:10	4:51	☀
6	Wed	4:02	5.6	3:28	4.9	10:00	2.3	9:56	0.3	7:11	4:51	☀
7	Thu	4:56	5.8	4:51	4.5	11:19	1.8	10:57	0.8	7:12	4:51	☀
8	Fri	5:47	6.0	6:15	4.4			12:27	1.2	7:12	4:51	☀
9	Sat	6:35	6.3	7:31	4.5			1:24	0.6	7:13	4:51	☀
10	Sun	7:18	6.4	8:36	4.7	12:52	1.6	2:14	0.1	7:14	4:51	☀
11	Mon	7:59	6.5	9:32	4.8	1:44	2.0	2:58	-0.3	7:15	4:51	☀
12	Tue	8:37	6.5	10:23	5.0	2:31	2.2	3:38	-0.5	7:16	4:51	☀
13	Wed	9:14	6.5	11:08	5.0	3:16	2.5	4:16	-0.6	7:16	4:51	☀
14	Thu	9:49	6.3	11:50	5.0	3:59	2.7	4:51	-0.6	7:17	4:52	☀
15	Fri	10:24	6.2			4:41	2.8	5:25	-0.6	7:18	4:52	☀
16	Sat	12:30	5.0	10:59 AM	6.0	5:23	2.9	6:00	-0.4	7:18	4:52	☀
17	Sun	1:08	5.0	11:35 AM	5.7	6:05	2.9	6:35	-0.2	7:19	4:52	☀
18	Mon	1:45	5.0	12:14	5.4	6:51	3.0	7:11	0.0	7:20	4:53	☀
19	Tue	2:22	5.0	12:56	5.0	7:43	2.9	7:49	0.3	7:20	4:53	☀
20	Wed	3:02	5.0	1:46	4.6	8:43	2.8	8:31	0.7	7:21	4:54	☀
21	Thu	3:43	5.1	2:48	4.2	9:51	2.6	9:18	1.1	7:21	4:54	☀
22	Fri	4:25	5.3	4:05	3.9	10:59	2.2	10:10	1.4	7:22	4:55	☀
23	Sat	5:08	5.5	5:31	3.8	11:58	1.7	11:06	1.8	7:22	4:55	☀
24	Sun	5:51	5.8	6:53	3.9			12:49	1.1	7:23	4:56	☀
25	Mon	6:33	6.1	8:01	4.2	12:02	2.1	1:35	0.5	7:23	4:56	☀
26	Tue	7:15	6.4	8:59	4.5	12:56	2.3	2:18	-0.1	7:23	4:57	☀
27	Wed	7:59	6.7	9:50	4.8	1:47	2.4	3:01	-0.7	7:24	4:58	☀
28	Thu	8:44	6.9	10:38	5.1	2:37	2.5	3:44	-1.1	7:24	4:58	☀
29	Fri	9:30	7.0	11:25	5.3	3:27	2.5	4:29	-1.4	7:24	4:59	☀
30	Sat	10:18	7.0			4:18	2.4	5:14	-1.5	7:25	5:00	☀

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Sun	12:10	5.4	11:09 AM	6.8	5:11	2.4	6:02	-1.4	7:25	5:00	