

Ocean Beach, outer coast, CA - Jan 1980

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	9:17	6.7	11:17	5.2	3:20	2.6	4:21	-0.9	7:25	5:01	
2	Wed	9:57	6.5			4:07	2.7	5:00	-0.8	7:25	5:02	
3	Thu	12:00	5.2	10:36 AM	6.3	4:53	2.8	5:37	-0.7	7:25	5:03	
4	Fri	12:40	5.2	11:14 AM	6.0	5:38	2.8	6:13	-0.5	7:25	5:03	
5	Sat	1:18	5.1	11:53 AM	5.7	6:23	2.8	6:49	-0.2	7:25	5:04	
6	Sun	1:55	5.1	12:34	5.3	7:12	2.8	7:27	0.1	7:25	5:05	
7	Mon	2:32	5.1	1:19	4.8	8:07	2.7	8:06	0.6	7:25	5:06	
8	Tue	3:10	5.1	2:12	4.4	9:09	2.6	8:48	1.0	7:25	5:07	
9	Wed	3:50	5.2	3:21	4.0	10:18	2.3	9:35	1.5	7:25	5:08	
10	Thu	4:32	5.3	4:47	3.7	11:24	2.0	10:29	1.9	7:25	5:09	
11	Fri	5:15	5.5	6:19	3.7			12:22	1.5	7:25	5:10	
12	Sat	5:58	5.7	7:36	3.9			1:11	0.9	7:25	5:11	
13	Sun	6:41	6.0	8:36	4.2	12:24	2.5	1:54	0.4	7:24	5:12	
14	Mon	7:24	6.2	9:25	4.5	1:17	2.7	2:34	-0.1	7:24	5:13	
15	Tue	8:07	6.5	10:09	4.8	2:05	2.8	3:14	-0.6	7:24	5:14	
16	Wed	8:51	6.7	10:51	5.0	2:52	2.7	3:54	-1.0	7:24	5:15	
17	Thu	9:36	6.8	11:31	5.2	3:38	2.7	4:35	-1.2	7:23	5:16	
18	Fri	10:23	6.8			4:25	2.5	5:17	-1.3	7:23	5:17	
19	Sat	12:12	5.4	11:11 AM	6.7	5:15	2.3	6:00	-1.2	7:22	5:18	
20	Sun	12:53	5.5	12:02	6.3	6:08	2.2	6:44	-0.9	7:22	5:19	
21	Mon	1:36	5.7	12:58	5.8	7:06	2.0	7:30	-0.3	7:21	5:20	
22	Tue	2:21	5.8	2:01	5.2	8:12	1.8	8:20	0.3	7:21	5:21	
23	Wed	3:08	5.9	3:16	4.6	9:26	1.5	9:14	1.0	7:20	5:22	
24	Thu	4:00	6.1	4:44	4.2	10:45	1.2	10:16	1.6	7:20	5:24	
25	Fri	4:54	6.2	6:18	4.2	11:59	0.7	11:23	2.1	7:19	5:25	
26	Sat	5:49	6.3	7:38	4.4			1:03	0.3	7:18	5:26	
27	Sun	6:43	6.4	8:42	4.7	12:30	2.4	1:59	-0.1	7:18	5:27	
28	Mon	7:33	6.4	9:34	4.9	1:31	2.6	2:46	-0.4	7:17	5:28	
29	Tue	8:20	6.4	10:18	5.1	2:26	2.6	3:28	-0.5	7:16	5:29	
30	Wed	9:03	6.4	10:57	5.2	3:14	2.6	4:06	-0.6	7:15	5:30	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Thu	9:44	6.3	11:33	5.2	3:58	2.5	4:41	-0.5	7:15	5:31	