

Ocean Beach, outer coast, CA - Jan 1981

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	6:57	5.9	8:40	4.2	12:40	2.3	2:07	0.6	7:25	5:02	
2	Fri	7:33	6.0	9:29	4.4	1:27	2.6	2:45	0.2	7:25	5:02	
3	Sat	8:08	6.2	10:12	4.6	2:11	2.8	3:20	-0.2	7:25	5:03	
4	Sun	8:45	6.3	10:52	4.8	2:51	2.9	3:54	-0.5	7:25	5:04	
5	Mon	9:22	6.4	11:29	4.9	3:30	3.0	4:28	-0.7	7:25	5:05	
6	Tue	10:01	6.5			4:09	3.0	5:03	-0.9	7:25	5:06	
7	Wed	12:07	5.0	10:41 AM	6.4	4:50	2.9	5:41	-0.9	7:25	5:07	
8	Thu	12:44	5.1	11:23 AM	6.3	5:33	2.8	6:20	-0.9	7:25	5:08	
9	Fri	1:23	5.2	12:08	6.0	6:22	2.7	7:01	-0.7	7:25	5:09	
10	Sat	2:03	5.3	1:00	5.6	7:18	2.6	7:45	-0.3	7:25	5:10	
11	Sun	2:46	5.4	2:01	5.0	8:24	2.3	8:33	0.2	7:25	5:11	
12	Mon	3:32	5.6	3:17	4.5	9:39	2.0	9:27	0.8	7:24	5:12	
13	Tue	4:20	5.9	4:48	4.2	10:56	1.5	10:26	1.4	7:24	5:13	
14	Wed	5:10	6.1	6:22	4.1			12:07	0.8	7:24	5:14	
15	Thu	6:01	6.4	7:44	4.4			1:09	0.2	7:24	5:15	
16	Fri	6:52	6.7	8:51	4.7	12:34	2.3	2:04	-0.4	7:23	5:16	
17	Sat	7:42	6.8	9:46	5.0	1:34	2.5	2:54	-0.8	7:23	5:17	
18	Sun	8:31	6.9	10:34	5.2	2:31	2.6	3:40	-1.0	7:22	5:18	
19	Mon	9:18	6.9	11:19	5.3	3:24	2.6	4:23	-1.1	7:22	5:19	
20	Tue	10:04	6.7			4:14	2.6	5:04	-1.0	7:22	5:20	
21	Wed	12:00	5.4	10:48 AM	6.4	5:02	2.5	5:43	-0.8	7:21	5:21	
22	Thu	12:40	5.4	11:31 AM	6.1	5:50	2.5	6:22	-0.5	7:20	5:22	
23	Fri	1:17	5.3	12:14	5.6	6:39	2.4	6:59	-0.1	7:20	5:23	
24	Sat	1:54	5.3	1:00	5.1	7:30	2.3	7:37	0.4	7:19	5:24	
25	Sun	2:30	5.3	1:50	4.6	8:26	2.2	8:17	1.0	7:19	5:25	
26	Mon	3:08	5.3	2:52	4.1	9:30	2.1	9:01	1.5	7:18	5:27	
27	Tue	3:48	5.3	4:14	3.7	10:38	1.8	9:53	2.1	7:17	5:28	
28	Wed	4:32	5.4	5:53	3.6	11:44	1.5	10:54	2.5	7:16	5:29	
29	Thu	5:18	5.5	7:22	3.8			12:41	1.1	7:16	5:30	
30	Fri	6:06	5.7	8:24	4.1			1:30	0.6	7:15	5:31	

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31	Sat	6:52	5.9	9:10	4.4	12:57	2.9	2:13	0.2	7:14	5:32	