



































Ocean Beach, outer coast, CA - Jan 1988

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	8:00	6.5	10:35	4.8	2:06	3.2	3:29	-0.7	7:25	5:01	
2	Sat	8:41	6.5	11:17	4.9	2:56	3.3	4:07	-0.8	7:25	5:02	
3	Sun	9:20	6.4	11:55	4.9	3:42	3.3	4:43	-0.7	7:25	5:03	
4	Mon	9:58	6.3			4:24	3.3	5:17	-0.7	7:25	5:04	
5	Tue	12:29	4.9	10:36 AM	6.1	5:04	3.2	5:50	-0.6	7:25	5:04	
6	Wed	1:00	4.8	11:13 AM	5.9	5:43	3.1	6:22	-0.4	7:25	5:05	
7	Thu	1:30	4.8	11:50 AM	5.5	6:25	3.0	6:53	-0.1	7:25	5:06	
8	Fri	1:59	4.9	12:31	5.1	7:12	2.9	7:24	0.2	7:25	5:07	
9	Sat	2:28	5.0	1:16	4.6	8:05	2.7	7:57	0.7	7:25	5:08	
10	Sun	2:59	5.1	2:14	4.1	9:07	2.4	8:32	1.3	7:25	5:09	
11	Mon	3:32	5.3	3:32	3.7	10:14	2.0	9:13	1.9	7:25	5:10	
12	Tue	4:10	5.5	5:19	3.5	11:20	1.5	10:03	2.5	7:25	5:11	
13	Wed	4:51	5.8	7:09	3.7			12:20	0.9	7:24	5:12	
14	Thu	5:38	6.1	8:27	4.1			1:13	0.2	7:24	5:13	
15	Fri	6:28	6.4	9:22	4.4	12:15	3.3	2:03	-0.4	7:24	5:14	
16	Sat	7:20	6.7	10:07	4.7	1:18	3.4	2:50	-1.0	7:24	5:15	
17	Sun	8:13	7.0	10:47	4.9	2:15	3.4	3:37	-1.4	7:23	5:16	
18	Mon	9:05	7.2	11:26	5.1	3:09	3.2	4:22	-1.7	7:23	5:17	
19	Tue	9:57	7.2			4:02	2.9	5:06	-1.7	7:22	5:18	
20	Wed	12:04	5.3	10:50 AM	7.0	4:55	2.5	5:49	-1.5	7:22	5:19	
21	Thu	12:41	5.5	11:43 AM	6.5	5:51	2.2	6:31	-1.0	7:21	5:20	
22	Fri	1:19	5.7	12:39	5.9	6:51	1.9	7:13	-0.4	7:21	5:21	
23	Sat	1:59	5.9	1:42	5.1	7:56	1.6	7:56	0.4	7:20	5:22	
24	Sun	2:40	6.0	2:55	4.4	9:07	1.3	8:42	1.3	7:20	5:24	
25	Mon	3:24	6.1	4:28	3.9	10:24	1.0	9:35	2.1	7:19	5:25	
26	Tue	4:12	6.2	6:16	3.9	11:39	0.6	10:40	2.7	7:18	5:26	
27	Wed	5:05	6.2	7:47	4.2			12:47	0.2	7:18	5:27	
28	Thu	6:00	6.1	8:51	4.5			1:45	-0.1	7:17	5:28	
29	Fri	6:54	6.1	9:39	4.8	1:06	3.3	2:34	-0.3	7:16	5:29	
30	Sat	7:44	6.2	10:18	4.9	2:04	3.3	3:16	-0.4	7:15	5:30	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Sun	8:29	6.2	10:52	4.9	2:53	3.2	3:52	-0.5	7:15	5:31	